



The Sophia Sun

Newsletter of the
Rudolf Steiner Branch (NC)
Of the Anthroposophical Society in America

MAY- JUNE 2011

Volume IV, Number 4

The Virtue for May (TAURUS)
Balance Becomes Progress
(Inneres Gleichgewicht wird zu Fortschritt)

The Virtue for June (GEMINI)
Perseverance Becomes Faithfulness
(Ausdauer wird zu Treue)



In This Issue:

Calendar for May.....	2
Calendar Details.....	3
Our Branch's Annual General Meeting.....	4
Choreocosmos Workshop.....	4
Bruce Kirchoff Workshop.....	5
Christian Community News.....	6
Confirmation for Three Young Men.....	7
Biodynamic Workshop with Walter Moora.....	8
St. John's Festival.....	10
Review of Rev. Wielki's Retreat.....	11
Jubilee Store News.....	12
News from Tammy in China.....	13
Egyptian Odyssey.....	14
Summer Workshop with Robert Powell.....	16
School of Spiritual Psychology Retreat.....	17
Knights Templar and Gettysburg.....	18
The Heart's Art with Frank Chester.....	19
Torin Finser on the AGM.....	20
Tennessee Workshop with Michael Ronall.....	23
Embryo DVD Set.....	24
From the Editor.....	25
Directory of Initiatives.....	26

Logo: "Woman Clothed with the Sun" by Baron Arild Rosenkrantz (1870-1964)

Calendar for May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CC Study Group-11a The Goethean Asheville Soul-Weaving SG-2p Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	2 EWS-Water and Life Festival	3 CC Steering Committee- 3:30p EWS-Water and Life Festival Rosecroix Maritime SG 7p	4 Eurythmy Classes 8:30a Ita Wegman SG- 11:30a EWS-Water and Life Festival Rose Cross SG- 7:30p	5 EWS SG 8:45a EWS-Water and Life Festival Asheville Steiner SG-7p EWS Senior Project Presentations- 7p	6 Choral Gatherings- 7:30p EWS-Water and Life Festival	7 EWS-Water and Life Festival
8 Meeting of the First Class-10a, (Review-11a) EWS-Water and Life Festival CC Study Gp-11a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	9	10 NDE SG-7p Rosecroix Maritime SG 7p	11 Eurythmy Classes 8:30a Ita Wegman SG- 11:30a Rose Cross SG- 7:30p	12 EWS SG-8:45a Asheville Biodynamic SG-10a	13	14 CC Priest Talk- 7:30p Choreocosmos 3-6p
15 CC Sacrament of Confirmation and Act of Consecration of Man-10a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	16 Festivals Committee Meeting 7:30p	17 Rosecroix Maritime SG 7p	18 Eurythmy Classes 8:30a Ita Wegman SG- 11:30a Rose Cross SG- 7:30p	19 EWS SG 8:45a Asheville Steiner SG-7p	20	21 Rudolf Steiner Branch AGM and Potluck-1p
22 CC Study Group-11a Asheville Handwork Group-2p The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	23	24 Rosecroix Maritime SG 7p	25 Eurythmy Classes 8:30a Ita Wegman SG- 11:30a Rose Cross SG- 7:30p	26 EWS SG 8:45a Reading to the Dead Group-7p	27	28 Asheville Biodynamic SG Hands-On-10a
29 CC Study Group-11a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	30	31 Rosecroix Maritime SG 7p				

Calendar Details: May 2011

Rudolf Steiner Branch of the Anthroposophical Society

Thursday, May 5, 7:30 pm - Board Meeting – at the home of Board President Peg Carmody. For more details contact Peg Carmody at 919-537-8142 or mcarmody@nc.rr.com. To contact the Rudolf Steiner Branch by mail: PO BOX 16024, Chapel Hill, NC 27516.

Sunday, May 8, 10a – The School for Spiritual Science, Meeting of First Class. Conversation follows the main lesson and begins at approximately 11am. For more information please contact Suzanne Mays at 919-929-1073 or suzannemays@gmail.com.

Monday, May 16, 7:30p – Rudolf Steiner Branch Festivals Committee meeting at the home of Barbara Cain. Please join us if you are interested in continuing to bring the Festivals to our community. For more details contact Peg Carmody at 919-537-8142 or mcarmody@nc.rr.com

Saturday, May 21, 1pm - Rudolf Steiner Branch Annual General Meeting and Potluck

Christian Community

Sundays, 11a - Christian Community Sunday Study Group at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd. Chapel Hill. We will be reading *The Trinity* by Hans-Werner Schroeder. If you do not have a book, but would like to attend, please come. We can make copies and/or share books. Study Group is followed by a simple potluck and good conversation. Leftovers are very welcome. Keep it simple and come enjoy yourself. Please call before attending to get directions, make sure the group is meeting that week, or have any other questions: 929-9791

May 3, 3:30p - Christian Community Steering Committee meeting at the home of Mary Beth Mueller.

May 14 and 15 - Special Christian Community Confirmation Weekend:

Saturday, May 14, 7:30p - Public Talk by Patrick Kennedy - "The Birth of The Soul & the Power of Sacramental Community: exploring the significance of the Sacrament of Confirmation"

Sunday, May 15 - 10a (Note time change. There will be no children's service this Sunday) **Confirmation Sacrament and The Act of Consecration of Man**, officiated by Craig Wiggins. Followed by a potluck. The whole community is welcome to celebrate with the confirmands.

EWS

May 4-5, 7p - Senior Project Presentations in the Brown Wing of the EWS High School

May 2 - 8 - Water and Life Festival - "Water is of central importance to human life. We use it as drinking and waste water, to grow our food, and to power our industry and transportation infrastructure. We are mysteriously drawn to open bodies of water where we live and work; nearly half of the worlds population lives within 125 miles of a coastline. Water is also fundamental to our inner life and spiritual well being; it has been a recurring and prominent motif in religion and esoteric mysteries since the dawn of history. An understanding of this dual aspect of the importance of water - its outer nature and its inner nature - is crucial to the healthy development of the planet and our own self development as human beings."

The Center for Anthroposophy, the Wrightwood Press, and the Emerson Waldorf School invite the public to this very special festival of events that will explore the significance, science, and hidden nature of water.

See EWS website for detailed information on week's events. For information about EWS events, see the detailed school calendar at:

<http://www.calendarwiz.com/calendars/calendar.php?crd=emersonwaldorf&op=cal&month=3&year=2011>

Other Activities of Interest

May 6, 7:30p - Choral Gatherings - usually the 1st Friday of each month, 7:30p - 9:30p. At the home of Joanna Carey, 112 Solterra Way in Durham. Bring a potluck snack if you desire. We welcome all ranges, especially altos. After some healthy warm ups, we will begin to work on some beautiful pieces from many traditions. Some will be rounds and some are part pieces. No previous singing experience is necessary, just a desire to sing with others. All are welcome. Please RSVP to Joanna Carey at 919-403-7060 or call for more information. Next month we will meet on **June 3**.

May 10, 7p - NDE Study Group - a once-a-month study group, on the 2nd Tuesday of the month, for near-death experiences (NDEs). the Raleigh/Durham Friends of IANDS group, part of the International Association for Near-Death Studies. This is part of our research work in the fields of consciousness studies, neuroscience and NDEs. We welcome all people who are interested in NDEs, especially those who have had an NDE are invited to share their experience with the others. At the home of Robert and Suzanne Mays, 5622 Brisbane Dr, a few miles north of Chapel Hill, just north of I-40, off Mount Sinai Rd. For more information, please call us at 919-929-1073 or mays@ieee.org Last meeting before summer recess will be June 14.

**ANNUAL GENERAL MEETING MAY 21, 2011
ENTAILS VOTING AND DEDICATION OF LECTERN**

All members are invited and encouraged to attend the Annual General Meeting of the Rudolf Steiner Branch on **Saturday, May 21 at 1 PM** in the **Brown Room** at the Emerson Waldorf High School. The meeting will begin with a Pot Luck luncheon, followed by dedication of the new lectern with a memorial to Natalie Slapo. Herb Slapo will be our guest for this part of the meeting. It is also very close to Herb's birthday.

After this, the business part of the meeting will commence. This involves reports from all initiatives in the Branch, a financial report and voting. This year there are several matters that require a vote: Members need to approve those who have volunteered to serve on the Board: These include Peg Carmody, the current President, who would be glad to continue in this capacity and Nancy Willson, who is Vice President and would also be happy to continue serving.

Secretary Kathleen Wright would like to step down as Secretary. We also need a Treasurer. As of this writing, we have had three persons announce that they are willing to serve on the Board - Joanna Carey, Allen Barenholtz and Melanie Maupin. Joanna has offered to be the corresponding secretary and Melanie has volunteered to be the recording secretary. If you would like to consider being on the Board and especially if you would like to serve as an officer, please call Peg Carmody today at 537-8142.

The other matter that needs a vote concerns the name of the Branch. In October, those present voted on the name "Rudolf Steiner Branch (NC) of the Anthroposophical Society in America". At that time, it was announced that we would continue to use the ASNC as our legal name, but RSB as our "go-by" name. This has caused complications and the proposal now is that we drop ASNC and replace it with RSB on our legal documents as well as all communications. To make that decision, we need a vote from our members because it involves changing the by-laws.

Study Group Leaders and Initiative leaders: if you are unable to attend the AGM, please submit a written report to Peg Carmody prior to the meeting. Her email address is: mcarmody@nc.rr.com

CHOREOCOSMOS PRESENTS: Cosmic Dances of the Elements

**May 14 3-6PM
EWS Eurythmy Room
Pianist; Aviva Enoch**

Cost: \$15-20 sliding scale (spouses and family members half price if needed)

We will dance the four dances of the Elements in honor of our dear Earth and to express our gratitude for these elemental beings. The theme will be The New Paradise and how we are to participate with the elemental beings, in building it;

Please wear thin-soled shoes

Other Choreocosmos events:

- May 9 7pm - Kelly's house: jacob's Ladder – an ascent through the planetary spheres
- Friday May 20 7 PM – Marlene's house –Sophia Celebration or the Mystical Wedding
- June Grail Circles to be announced

For more information, contact Kelly at kcalegar@earthlink.net

RUDOLF STEINER'S LECTURES AS ART

A Workshop With Dr. Bruce Kirchoff

Friday, June 3 – in the Eurythmy Room

7:00 PM Registration

7:30 PM - First Lecture

Saturday June 4 - 8:30 AM – 4:30 PM in the Brown Wing

At the Emerson Waldorf School

In "The Art of Lecturing" Steiner compares the composition of a lecture to that of an organism. A lecture should be constructed in such a way that if you change one part, the rest of the lecture must also be changed. Later in the same series he speaks of a lecture as expressing "one thought." In this workshop we will explore the artistic form of Steiner's lectures, and how they express a single thought. We will do this first through and artistic exercise that will help us understand the relationship between part and whole in visual art. We will then work with Steiner's Lecture "the Etherization of the Blood" to see how these principles are expressed in one of his lectures. We will work for an understanding of how Steiner's lectures can be used meditatively, and will relate this activity to his indications on meditation has given in the Rose Cross Meditation.

It will be helpful for participants to have read "The Etherization of the Blood" prior to arrival at the Saturday workshop. An electronic copy of this lecture is available at

<http://wn.rsarchive.org/Lectures/ReapChrist/19111001p02.html>.



Dr. Bruce Kirchoff is an Associate Professor of Biology at the University of North Carolina at Greensboro, where he teaches courses in evolution, plant diversity and flowering plant identification. In addition to his university teaching, he has taught courses in *How to Know Higher Worlds*, and has facilitated Dialogue and Open Space workshops. He was a member of the Piedmont Interfaith Council and the organizer of a series of Interfaith Dialogues in Greensboro, North Carolina. He also served as the coordinator for the Southeastern Center for Anthroposophy. In Chapel Hill.

His research spans the disciplines of botany, cognitive psychology, and the relationship between science and art. His most recent work deals with holistic modes of perception and their role in the classification of organisms. He has published several papers on this subject in peer-reviewed journals, and has organized international symposia on this and related subject. More information on his work, and copies of his publications, can be found on his web site: <http://www.uncg.edu/~kirchoff/>.

COST:

FULL CONFERENCE (Saturday Lunch is included in the Full Conference Fee).

*Members \$65 Nonmembers \$75.

Friday Evening Lecture Only

*Members \$10. Nonmembers \$15.

Work Scholarships – a limited number are available for people experiencing financial hardship. Please call Peg Carmody at 919-537-8142 to find out more.

*Members must have paid 2010 dues to qualify for the discount.

If you have not received the brochure with the workshop schedule, please call **Peg Carmody** at : **919-537-8142**



NC Triangle Affiliate of the Christian Community
Special Confirmation Weekend

Saturday evening May 14, 7:30 pm

Rev. Patrick Kennedy will give a public talk on:

"The Birth of The Soul & the Power of Sacramental
Community—Exploring the Significance of the
Sacrament of Confirmation"

Sunday May 15th at 10 am:

Confirmation Sacrament

The Act of Consecration of Man

celebrated by Rev. Craig Wiggins from San Francisco

The sacrament of Confirmation is a special service that is performed when a young person is around 14 years old. It takes place after a period of religious instruction. The sacrament marks a new point in a young person's spiritual development, and is meant to strengthen and support their path in life.

This year we have the joy and honor of celebrating our first Confirmation service here in North Carolina. We will be celebrating the Confirmation of three young people - Ben Mueller, Hagen Stauffer, and Sabastian Bentley-Dyess. We hope you will join us in for a special potluck and party after the service.

Please note: the service starts at a different time – 10 am. Also, only the three confirmands will receive Communion. The Saturday Talk and the Sunday Services are all held In the Fleming Building at New Hope Camp and Conference Center, 4805 NC HWY 86, Chapel Hill, NC 27514. 919-942-4716.

Schedule for the Weekend:

Friday 5/13 and Saturday 5/14 (mornings as scheduled in advance):

Sacramental Consultation or other private conversations with Rev Craig Wiggins at the home of Margit Gratzl. Please phone her as soon as possible if you would like to schedule time with Craig. Margit's home is at 519 Wheeling Circle, Durham, NC 27713. 919-484-2764.

Friday evening, 5/13, 7:30pm:

Linda Folsom will host the community at her home to meet visiting priest Rev. Craig Wiggins, who will perform the Confirmation on Sunday. Craig has worked for many years in Europe and will shortly be the new priest for the San Francisco congregation. He looks forward to meeting us and is happy to discuss any number of topics: his work in Europe, questions about the sacraments or other interests. Linda Folsom's address is 3118 Dixon Rd, Durham, NC 27707. 919-493-8323.

Saturday, 5/14, at 7:30p: Priest Talk:

Patrick Kennedy will give a public talk on: "The Birth of The Soul & the Power of Sacramental Community—Exploring the Significance of the Sacrament of Confirmation"

Sunday, 5/15: in the Fleming Building at New Hope Camp

10 am: Confirmation Service and the Act of Consecration of Man

12 noon: Confirmation Celebration and Community Potluck - Everyone is welcome! Please bring a dish to share. Beverages will be provided. We hope you come and welcome the confirmands into our community. (see next page to learn about the young men being confirmed.)

Here are the Young Men Who are to be Confirmed:



Ben Mueller, son of Mary-Beth and Jim Mueller is 14 and in the 8th grade at the Emerson Waldorf School. He loves sports of all kinds. He's playing flag football at the moment, but would like to start hockey as soon as possible and always plays basketball. He is also very interested in Lacrosse. Drums are his musical instrument of choice. His biggest hobby is raising birds. He has 4 bantam hens (who are sitting on eggs now) and 1 rooster. He recently added 14 baby quail, hatched on Easter Sunday, to the menagerie. He has been attending the Confirmation retreats sponsored by the Christian Community and has enjoyed interacting with the other boys.

Hagen Stauffer is the son of Lisa and Craig Stauffer. He is nearly 14 years old and is in 7th Grade at Emerson Waldorf School. He likes cats, gardening and playing music. He has honored our community with his guitar playing at our ST. John's Festival last year.



Sabastian Bentley-Dyess



Sabastian, who is the son of Kate Bentley, is in the 7th grade at the Emerson Waldorf School. He turned 14 years old in February. He loves wolves and many other animals. He is a great basketball player. Sabastian feels drawn to protecting his country in some way when he grows up. He has two sisters (17 & 10) and one brother (7). He has really enjoyed going to the Summer Camp sponsored by the Christian Community Church.

Sabastian in costume for the 7th grade play "Galileo"

Please do try to attend the Services on Sunday, for this is a very special day in our community. It's not every year we have a Confirmation celebration!

Biodynamic Farming Workshop

Connecting to the Spirituality of the Earth
And to Your Calling in Life

With **Walter & Susan Davis Moora**

June 24-26th 2011

Infinity Farm

1600 McDade Store Rd.
Cedar Grove, NC 27231

Welcome to the beautiful 160 acres of rolling hills, pasture, ponds and produce fields. Make Biodynamic preps, walk the land, and venture into gustatory heaven from food grown right on the farm. Share stories and song around the campfire at the water's edge.



Walter Moora has farmed biodynamically on four continents and recently published, *A Farmer's Love*. Meet him on his blog, GrowBD.org.

Susan Davis Moora is president of [Capital Missions.com](http://CapitalMissions.com), which creates KINS Innovative Networks to manifest social investing and other niches of sustainability. Her gift book describing this, *The Trojan Horse of Love*, is available free at www.Capitalmissions.com/THOL_July_2010.pdf.

Workshop cost is \$180 including meals.
See course schedule at GrowBD.org
Please register before June 1st with \$80 deposit. Contact Joy Kwapien, P.O. Box 67, Cedar Grove, NC 27231
919-732-1840 / jrkwapien@earthlink.net

More Details on next page

Connecting to the Spirituality of the Earth and to Your Calling in Life

A Biodynamic Workshop with Walter and Susan Davis Moora

June 24-26

Infinity Farm, Cedar Grove, North Carolina

Walter Moora will give an introduction to biodynamic farming and connecting to the beings of the earth. Through this grounding, Susan Moora will teach how we can connect to our spiritual selves to manifest our dreams throughout our lives.

Schedule for the Workshop:

Friday Evening June 24

6 PM Light Introductory Supper. Each person is invited to tell a story about a time they trusted their intuitions to take risks around their values to find their destiny path of joy (telling a story is optional).

7 PM Walter introduces Biodynamics through his own life story, exemplifying how one biodynamic farm can mimic how nature operates by co-creating an integrated living system of people, plants, animals and spirit. (See GrowBD.org.)

7:45 PM Susan introduces her personal story of finding her destiny path by helping start KINS Innovation Networks to manifest sustainability in the U.S., Nigeria and, now, Ecuador. She describes how regular people around the U.S. are now starting KINS networks to green their towns, explaining the KINS process. (See CapitalMissions.com).

8:30 PM Participants depart for home

Saturday June 25

9:15 to 9:45 AM Meditation on the earth with Walter on the spot with optimal energy

9:45 to 10:45 AM Talk on biodynamic preparations by Walter: Healing the earth with homeopathy

10:45 to 11:15 AM Light snack

11:15 to 12:15 Participants build a compost pile as a team effort. How can biodynamic compost have such a powerful effect on the nutrition of soil?

12:15 to 2:00 PM Lunch. Those gathered describe their own connection to the earth and how that relates to their chosen career or destiny path. What change does each person desire?

2:00 to 3:30 PM Susan suggests elements of life that help people discern their true purpose in life and teaches folks how to manifest and fund your destiny path.

4:00 to 5:30 PM Walter leads those gathered to stir and spray Preparation 500, which brings the growth forces into the soil and enlivens the earth.

5:30 PM Break. Folks are invited to explore the beautiful land of Infinity Farm and to reflect on the workshop so far.

6:00 PM Dinner. Story telling led by Walter and Susan

7:30 PM Susan teaches the KINS operating principles that have been used to manifest major national sustainability results. She then invites folks to practice them by collaborating to support each person's destiny path.

Sunday, June 26

7:00 to 8:30 AM Stir and spray Preparation 501 on the plants to improve the nutritive quality of the plants (optional).

8:30 to 9:00 AM Beverages and buns

9:30 to 10:30 AM Susan teaches how to create affirmations to manifest your destiny path and different approaches to manifesting affirmations.

10:30 AM Break



11.00 to 12.00 Noon Walter talks about working with the etheric life forces and stewarding the earth

12:00 to 2:00 PM Lunch and discussing how the workshop curriculum could add value to the attendees lives, including both the destiny path work and the biodynamics.

2:00 PM Folks go into meditation and imagine ways to collaborate in helping each other manifest their destiny paths.

4 :00 PM Celebration of St. John's Day starts on Infinity Farm. Workshop participants are invited to stay and enjoy.

A quote from Walter's Blog:

"I was born in the jungles of Borneo in 1949 of Dutch parents.

Since adulthood, two passions have guided my life: growing the healthiest food by farming biodynamically and helping non-farmers learn the importance of nutrition in the food they eat and how to treat the Earth with love and respect."

ALL INVITED TO ST. JOHN'S FESTIVAL AT INFINTY FARM (EVEN IF YOU HAVE NOT PARTICIPATED IN THE BD WORKSHOP)

Arrival time: 4:00-5:00 PM

**Boat making
Pot Luck dinner
A short talk about st. John
Bonfire
Singing**



Please bring along: a dish to share, a chair or blanket to sit on, insect repellent, a flashlight, musical instruments, marshmallows to roast, and perhaps a camera if you would like to remember this special event. So bring the whole family and your friends for a wonderful evening of fellowship and feasting!

Light, Life, Love and the Trinity

A Review of the Workshop with Rev. Gisela Wielki

By Linda Finigan

Our Chapel Hill Christian Community affiliate is in its second decade as a pioneering congregation (the altar stored in five pieces in someone's basement; numerous bins of the sacred and secular patiently transported, unpacked and repacked every other month; the purple backdrop painstakingly suspended from a twenty foot ceiling, the vestry assembled in a tiny kitchen). Many of us have had the wonderful opportunity to travel to the seminary in Chicago for a semester or even a week-long open course, but to have the newly relocated east coast seminary come to us in the form of its director, Rev. Gisela Wielki was truly an honor and a joy!

Light, Life, Love and the Trinity was our topic for a Palm Sunday weekend workshop, a subject we explored in five lectures over two days, along with the artistic work of discovering light and dark through charcoal drawing and outdoor observations of trees (the first led by our member artists Carol Brick and Martha Kelder, the second by biology professor Bruce Kirchoff).

Little did we know when we began planning the workshop months ago, how pertinent both the theme and our artistic work would be on that Saturday April 16. While we were fortunate to experience an ever-changing array of cloud and shadow, torrential rain and bursting sun, thirty miles away a series of fatal and destructive tornadoes, originating earlier that week in the Midwest, tore through North Carolina on their way to the coast. It was moving to hold this tragedy in our thoughts during Sunday's Act of Consecration, with the altar and vestments in black, hearing the somber yet hopeful words of the Passiontide epistle. To experience the service for Passiontide was yet another gift of the weekend, as our congregation only rarely gets to take in the words and colors of the yearly festivals.

Although Gisela suggested this short piece not be a summary of her talks, one must mention the breadth and depth and warmth of her five presentations and our discussions. Exploring the many aspects of threefoldness or trinity in Light, Life and Love, we looked, among other things, at aspects of the Father, Son and Holy Spirit; thinking, feeling and willing; seeing, walking and becoming; transfiguration, transformation, transubstantiation. We were left with the task that is humanity's calling after Golgotha, to find the inner light of Christ in our hearts which will both transform the way we think and help lift the realm of earth and matter into the realm of the spirit.

Our Chapel Hill community, whose members stretch from Virginia to South Carolina, looks forward to Gisela's next visit sometime in a not too distant future.



You can also buy Whitted-Bowers produce at the Carrboro Farmer's Market on Wednesdays and Saturdays and the Hillsborough Farmer's Market on Saturday.

News from the Jubilee Store

at Dr. Eisen's Holistic Family Practice
900 MLK Blvd., in Chapel Hill
919-967-9452

Biodynamic Sowing and Planting Calendars—a limited number remain for this year (2011):

1. STELLA NATURA..... \$14.95 + tax = \$16.11
2. North America Planting Calendar (Maria Thun) \$13.95+ tax = \$15.03

Our credit card terminal is not functioning, so for the next month or so please bring your checkbook or cash. Unsure when we'll have the new terminal.

The Jubilee is trying to keep stock of a Biodynamic Preparations for small farmers. Unfortunately, many of the preps are not sold to retailers. At this time, we will carry a limited stock of the following with the prices as below:

1. Pfeiffer BD Compost Starter \$12.00 -- this gets your compost cooking and fortifies it with the necessary bacteria, molds, and amendments. It is great!

2. Pfeiffer BD Field & Garden Spray \$22.00 it is great to restore the bacteria, and preps onto weeds, green manure, and partially rotted vegetable materials. You spray it on and wait a week or two, then dig in the fortified greenery and they will restore your humus and break up materials that are not being incorporated. (Two years ago I had lost almost all the humus structure in my garden that had been all topsoil for 12-14 inches. I applied this spray and I, always a skeptic was amazed at how quickly the topsoil the humus reorganized itself.

3. BD 508—Equisetum Arvense-\$8.00 . we have information on how to use all of the preps. # 508 , properly used is helpful for all sorts of plant illnesses.

4. BD 501---Horn Silica--\$5.00

Check out our sale on biodynamic classic books, and our extensive in stock books on BD areas of education. Many are out of print and not due for reprinting:

Biodynamic Farming and Agriculture Books on Sale until May 31, 2011
10% discount , 15% if purchase > \$60 net

Chromatography Applied to Quality Testing; Pfeiffer	\$9.95
Nitrate: an Ailing Organism Calls for Healing	\$5.95
Readings in Goethean Science; Koepf & Jolly	\$7.95
Earth, Plant and Compost; Brinton	\$13.95
Essentials of Nutrition; Schmidt	\$19.95
Dynamics of Nutrition; Schmidt	\$19.95
Earth and Man Koenig	\$14.95
The Plant, Vol. 1 Grohman	\$12.75
The Plant, Vol. 2 Grohman	\$ 12.75
Nutrition and Stimulants R. Steiner lectures	\$19.95
Planetary Influences Kranich	\$12.95
Farms of Tomorrow, Revisited Groh & McFadden	\$17.50
In Partnership with Nature Bockemuhl	\$17.50
Culture and Horticulture W. Storl	\$17.50

News From Tammy Hughes in China:

Having Confidence to bring Waldorf education at home workshop.



In Shenzhen in Guang Dong Province this past weekend Marianne Bockli ,a visiting mentor and I gave a workshop for parents and teachers. The workshop had generous time for sharing and reflecting on one's own childhood and in developing new skills. The participants delighted in sharing childhood games. I have included pictures of the finger puppets for story telling.

Our community is humming with activity. This

weekend Diana Bacchus,a visiting mentor gave a workshop on children's drawings and child development.

Diana and Marianne are both mentors as part of the WECC program that organizes mentors and trainings for China.

For more information, contact wecctammy@gmail.com

- *Tammy Hughes*



The Early Childhood Professional Training Center at Sophia's Hearth



*"Susan Weber and Jane Swain
have put together a year of study that is
extraordinary in how it prepares teachers
to meet the needs of very young
children and their parents."*

KATE HILL
CURRENT TRAINING COURSE STUDENT

2011 Summer Course Schedule

WEEK 1, July 4-8

COLOR AND THE SEASONS: A WEEK WITH THE ARTS

Libby Hadlock, Malie Amies, Kim Snyder-Vine, Instructors

*CREATING PROGRAMS FOR PARENTS AND INFANTS (Building Family and Community Relationships)

Nancy Macolaster, Kim Snyder-Vine, Instructors

WEEK 2, July 11-15

THE YOUNG CHILD'S CONVERSATION WITH NATURE

Carol Nass, Kim Raymond, Instructors

*NURTURING THE CHILD IN THE FIRST THREE YEARS (pt. 1) (Child Development)

Jane Swain, Susan Weber, and Kim Snyder-Vine, Instructors

WEEK 3, July 18-22

*NURTURING THE CHILD IN THE FIRST THREE YEARS (pt. 2) (Child Development)

Jane Swain and Susan Weber, Instructors

2-WEEK COURSE, July 4-15

DEEPER INSIGHTS IN WORKING WITH YOUNG CHILDREN

(Advanced Studies in Child Development & Community Relationships)
Jane Swain, Susan Weber, Nancy Macolaster, Kim Raymond, Kim Snyder-Vine,
Instructors

SUMMER 1, July 10-22

13-MONTH TRAINING PROGRAM

The Child and Family in the First Three Years

*Eligible for Antioch University New England graduate credit.

Sophia's Hearth Family Center 700 Court St., Keene, NH 03431 sophiashearth.org 603.557.3755

(Editors Note: The following article by Jenny Bingham was printed in the newsletter for the Southeastern Pennsylvania's Branch. It tells of Jenny and Ben Bingham's travel with Gillian Shoemaker's "Odyssey Trip to Egypt" in late December-early January of this year. The trip included an excursion to the famous Muslim anthroposophical community called Sekem. What also made this trip unusual is that it took place during the uprisings in Egypt in December. Fortunately, the Odyssey participants didn't see any violence, but they did visit the square where the bulk of the action took place.)

EGYPTIAN ODYSSEY

By Jenny Bingham

Right from the start, we realized how blessed and lucky we were to go on this trip. Five of us trying to leave from Philadelphia were told our flight to London was cancelled and there would be no further flights for 3 days. Miracles happen and Gillian's gentle coercion gave us the last seats on an earlier flight, which was the only flight that flew to London and with hordes desperate to leave Heathrow our connection on to Cairo left on time!

Driving out of Cairo the landscape is bleak and green-forsaken, just sand and soulless concrete buildings or shacks. After an hour and a half of this relentless landscape, we made two turns off the highway and there we were before a gate that said SEKEM. Driving in, we were introduced to an environment of lush green shade trees, green fields and beautiful simple buildings. This is truly an impressive community, from the delicious biodynamic food all produced there, to the 2,000 local people who pass in and out of its gates each day. Six hundred and fifty of these are students who attend the K-12 Waldorf-inspired Schools (not called that) and a burgeoning University, while the rest work in the 8 businesses or the farm, while some 100 patients are there to be treated at the beautiful modern clinic at the entrance. We attended the early morning gathering which takes place each morning with the children, a children's assembly and then on Thursday, an impressive circle of the entire work force which gathers before leaving. Imagine between 1500 and 2,000 people standing in a circle in silence. It is just a short gathering where a few people spoke about the work business leaders shook hands with the whole group. It was deeply moving.

On Christmas Eve, we gathered with the few people that actually live on the property and the few other visitors. We were told that this core group gathers every morning at 6.30 to study Spiritual Science. After the whole trip, I reflected that this was the only place where I observed dignity of purpose in the workers, because everywhere else the only work seemed to be catering to tourists.

Going to Egypt is like being awake in a dream... there are so many levels of experience happening in the soul at the same time. We were a group of 12. Dennis from France who teaches manual arts in Basel, was our guide and his love for Egypt past, present, and future was infectious. He had visited 22 times before, so his familiarity ensouled the otherwise overwhelm of sense impressions among the distracting crowds of tourists; continually caressing our perceptions and guiding us by saying over and over again, "what do you see? what is it telling you?" He guided our knowing to being able to recognize recurring themes.

Everywhere the language of the temple walls spoke of this great connection between Man and God, and celebrated the birth of humanity and the mysteries of sleep and death. We became familiar with a world where clearly the meaning of life in all of its details mattered and so was imprinted into matter.

The gift of an odyssey is going with a group of people who revere these ancient places, and, in the deed of revering what is there, something is given back, both to the place and to the individual; both of service to the time in which we live.

Modern Egypt is chaotic, the people are warm and wonderfully friendly but poor and there is dirt and garbage and dust everywhere. Being at the Sphinx and great pyramid is a trip in itself. You will see every shade of humanity and hear every language. You are surrounded by a mass of people and animals . Men in Arab dress are shouting for you to ride their brightly bedecked camels; school children are running; donkeys braying; the Muslim call to pray sounding out five times a day; vendors trying to push every kind of trinket in your face. The sheer activity and noise feels like a great tide that might sweep you away if you don't stay grounded. Nothing however can mar the majesty of the Sphinx and the great pyramid as you stand before

these monuments built so many thousands of years before. When you experience that, you are still able to experience the pyramids' most precise relationship to the sun, you know some things truly endure.

Egypt is Nile and desert...life and death. There is no transition; only a hair's width between the narrow lush valley of green and the vast expanse of the desert. We visited many of the tombs and pyramids in the desert and many of the great temples along the banks of the Nile. Traveling from the boat infested busy Nile with the great Temples of Luxor and Karnak, to much further South where the Nubian culture lives and the Temple of Isis sits on a beautiful island. It is a clean and far more gentle Nile where there are fields of green and a sweet village where some of us were blessed to dive into its vitalizing waters.

It was possible to digest the multitude of images carved in the massive stone structures or painted like free hieroglyphic calligraphy on the white walls in tiny tombs hundreds of feet below the earth's surface only because of our group work in struggling with the Anduat (or 12 Hours) appearing again and again. These scenes depict the hours of the night of death, and have been recently unraveled by a Jungian analyst who writes about the hours as archetypes in the passageway through life and death, sleeping and waking. We came to know the characters in this drama: for example, Osiris, the lord of the night and his wife Isis, who, in temples dedicated to the mysteries of birth, bears the new human being created on a potter's wheel by a god with human form and a Ram's head. There is a dangerous serpent with knives protruding from his long body, who is sent as a threat to the reincarnation process, and goddesses who have that serpent under control. The barge of death carries the soul through each hour introducing a new crew and new surroundings in each hour with new challenges and new possibilities. The images came alive for us tapping in to our deep unconscious and sense for the order of the universe.

Dennis helped us to appreciate the wonder of the Nile as the chosen site for the incarnation of the wisdom of humanity as it is indicated in each of the mystery sites we visited.

This trip was a blessing because it stirred something in the soul and spirit beyond curiosity. Deep down in the earth in the chamber of the pyramid the group of us did the Halleluiah and again we did it when we climbed to the top of the mountain high above the Valley of the Kings where the tombs of the pharaohs are built deep down into the mountainsides. It was a very soul active trip and so we were lucky to have the chance to often share our impressions in the evenings or share the deep feelings that had been stirred by being with each other each day.

ABOUT SEKEM (From Wikipedia)

The organization **SEKEM** (Ancient Egyptian: 'vitality from the sun') was founded in 1977 by the [Egyptian](#) pharmacologist and [social entrepreneur](#) Dr. [Ibrahim Abouleish](#) in order to bring about cultural renewal in [Egypt](#) on a sustainable basis;^{[1][2]} Located northeast of Cairo, the organization now includes.^[3]

- [biodynamic](#) farms;
- trading companies for produce and processed foods (Hator and Libra), herbal teas and beauty products (Isis), medicinal herbs and medicines (Atos), and [organic cotton](#) products (Conytex);
- a medical center;
- a school based on the principles of [Waldorf pedagogy](#) open to pupils from any religious or ethnic background;
- a community school catering specifically to the needs of children from disadvantaged groups;
- a vocational training center;
- a college (Mahad Adult Education Training Institute) and research center (Sekem Academy for Applied Art and Sciences);

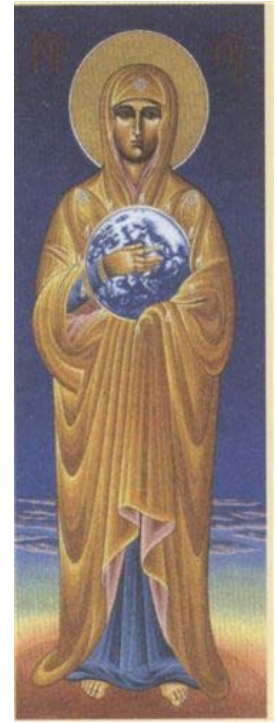
SEKEM's goals are to "restore and maintain the vitality of the soil and food as well as the biodiversity of nature" through sustainable, organic agriculture and to support social and cultural development in Egypt.^[1] Revenue from the trading companies grew from 37 million Egyptian pounds in 2000 to 100 million in 2003. By 2005, the organization had established a network of more than 2,000 farmers and numerous partner organizations in Egypt^[4] and began increasingly to seek to extend its "experience and acquired knowledge" to other countries, including [India](#), [Palestine](#), [Senegal](#), [Turkey](#), and - in partnership with the [Fountain Foundation](#) - [South Africa](#).^[3]

*Mary Magdalene
and the Virgin Mary –
Awakening to the Divine Feminine*



Eurythmy and Lectures
Presented by Robert Powell, PhD
Accompaniment by pianist Marcia Burchard
July 22–24, 2011 EWS Brown Room

Both Mary Magdalene and The Virgin Mary are in service of Divine Sophia. They represent different aspects of Her Being. This will become palpable experience through our moving together their different sacred dances.



Mary Magdalene and the Virgin Mary are great teachers concerning the ensouling of the world. More than ever before, humankind is in need of Sophia's ensouling of the world, and in response to this need Mary Magdalene and the Virgin Mary are becoming increasingly active in our time. They are teaching those who are listening how to counterbalance the prevalence of mechanization and automation that are hardening individual life forces and the biosphere (natural world) of the Earth.

In this workshop, we shall learn the profoundly powerful ensouling process of eurythmy that ultimately leads to Sophia, "the woman clothed with the Sun" (*Revelation 12:1*), who is also referred to as the Soul of the World (*Anima Mundi*).

**For more information, please visit www.SophiaFoundation.org and click on courses and events to find the Chapel Hill workshop information. Cost \$200 OR \$150 if you register before June 1st.
To register, email kcalegar@earthlink.net and request a registration form.**

Robert Powell, PhD is an internationally renowned lecturer. He has an enduring passion for the stars, and was awarded a PhD for his contribution to the '*History of the Zodiac*'. Through the content of his talks given during the workshops, his immense living knowledge of the stars is woven into the experiences of the dances.

Robert is a movement therapist trained in the art of eurythmy. He founded the Choreocosmos School of Cosmic and Sacred Dance – a schooling in the cosmic aspects of eurythmy. He leads Choreocosmos workshops in Europe, America and Australia.

Robert is also co-founder of the Sophia Foundation of North America, through which he facilitates sacred celebrations dedicated to the Divine Feminine, and leads pilgrimages to the world's sacred sites.

He is the author of many books, including most recently '*The Astrological Revolution*' (with Kevin Dann) and '*Mary Magdalene*'.

The School of Spiritual Psychology Presents:

Mary Magdalene's Soul Wisdom of the Spiritual Earth: Healing Fear Through Heart presence



A Soul Retreat Facilitated by Robert Sardello PhD and Cheryl Sanders-Sardello, PhD

Presented at three locations:

The Sophia Peace Center, Durango, CO Aug 11-14

Mary and Joseph Retreat Center, Los Angeles, CA Aug 18-21

**Bishop Booth Conference Center, Burlington, VT
October 6-9**

As the transition to an unknown, but certainly a more feminine world works its way into the fabric of our flesh, soul, and spirit, we are also beset with strong forces of contraction that would hope to sustain a direction of consumption, destruction, and power. Wars, violence, catastrophes, economic dismay, corporate increase, cast a veil of fear over us. The spiritual work of this time centers on finding our way into the depths of the Spiritual Earth, what Henry Corbin termed "the Celestial Earth". Sophia's intimate partner, Mary Magdalene, provides an imagination

and embodied practices for entering and strengthening love for the sensuous soul of the Earth. Such inner development of new forces of love, and the capacity to experience Earth as Spiritual Presence, dispel fear and open the way of creative receptivity. Come, explore this sensory path of Sophia with us.

The retreat in each location begins at 6:00 p.m. on Thursday evening and ends Sunday at 3:00 p.m.

Fees

Room and Board: \$395 per person, double room: \$495 single

Retreat Fee: \$375 before June 1: \$475 after June 1

If you have a choice of roommate, let us know. Otherwise we will assign one for you.

Deadline for Final Registrations: August 1, 2011

Deposit Due at Time of Registration: \$300.00

Balance of Fees due: August 1, 2011 for Colorado and California soul retreat: September 20, 2011, for Vermont soul retreat

All fees paid to the **School of Spiritual Psychology**

You may pay by check made payable to The School of Spiritual Psychology or by MC or Visa credit card:

Send To:

Sophia:

P.O. Box 7,

Benson, NC 27504

For more information, Email: soulschool@embarqmail.com

Knights Templar & Gettysburg— 'America's Golgotha'

5th Annual Group/Branch Conference & St. John's Festival June 24th-26th, Hershey & Gettysburg, PA

The 150th anniversary of Rudolf Steiner's birth coincides with the 150th anniversary of the American Civil War (1861-65). The high water mark and turning point is Gettysburg. For three days brother fought against brother in the greatest conflagration to befall North America. Blood flowed through Pennsylvania fields converging on **Bloody Run** and skull-like boulders known as **Devil's Den** in the **Valley of Death**. Today, Templar crosses overlook the Valley of Death from memorials girding "Little Round Top."

Gettysburg battlefield casualties prompted President Abraham Lincoln to consecrate ground hallowed by sacrifice and the probation of American Freedom. During a lecture on "The Mystery of Ashes," Rev. Richard Dancey, a priest of The Christian Community, referred to Gettysburg as the **"American Golgotha."**

How does the 'American Golgotha' shed light on Templar sacrifice?

Why did Knights Templars (1119AD to 1312AD) courageously stand firm in battle, calmly awaiting their deaths, even when opposing military forces were up to three times stronger? How do Templar deeds reveal enigmas of the Temple of Solomon, prepare the Rosicrucian ideal of freedom, modern group/branch life, and the temple's restoration as the social fabric of Philadelphia—city and epoch of sisterly/brotherly love? We will consider these and additional themes in the light of indications by Rudolf Steiner: *[Templar sacrifice] established more firmly in earth existence the impulse which went forth from the Mystery of Golgotha.*

The sweetest Michaelites on earth—Corps de Michael—cordially invite you to join us on St. John's Day 2011 in Hershey, Pennsylvania USA. A warm community spirit promises to pervade keynote lectures—**Restoring the Lost Temple, America's Blood Sacrifice, Shining Waters and the Valley of Death: A Rosicrucian Geography**—festivities, group-study, picnics, singing, Nature walk, reports by groups and branches of the Anthroposophical Society, Class Lesson of the School of Spiritual Science, and gargantuan bonfire-on-the-meadow! Our venue is Stonehaven, a secluded 100 acre farm situated in the beautiful Hershey countryside and founded in 1737 by proprietary grant from William Penn's *Holy Experiment*. On Sunday we shall experience an informal guided tour of nearby Gettysburg—the *'American Golgotha'*.

Registration and program details are posted at our website
www.corpsdemichael.org "Knights Templar Conferences" link. For advance
registration, call : 717-964-3376 or write : thecorpsdemichael@yahoo.com

THE HEART'S ART

July 8,9, and 10 2011

Sponsored by the San Francisco Bay Area Physician's Study group

All are welcome to a weekend conference on ways of looking at and being inspired by the human heart from the treasures of Anthroposophic Art and Science

Frank Chester will present his remarkable and original research on vortical flow, Platonic solids & heart geometry

Reading Suggestions: The Dynamic Heart and Circulation by Craig Holdrege (AWSNA Publications) and Frank Chester's website: www.frankchester.com

Other presenters include:

David Gershan, MD: discussions on the Etheric Heart

Rosemary Rau-Levine, MD: art therapy exercises

Dale Robinson: Eurythmy

Kelly Sutton, MD: discussions on heart physiology and physics

Matthew Taylor: Sacred Geometry exercises

MUSIC!! Performance Saturday Evening

Payment: Checks may be made payable to:

David Gershan

Send to: 534 Baker St, San Francisco, CA 94117

Questions on the conference: Kelly Sutton 916-671-1780 or

David Gershan 415-775-3994

Questions on housing: Patricia Reber-Weltz 650-482-9898

WHEN: Friday Evening July 8 at 7pm

Saturday July 9 at 9am

Sunday July 10 at 9am

to end at Noon

WHERE: San Francisco Waldorf High School

470 West Portal Avenue

San Francisco, CA

FEES: \$50-100 according to financial ability

Breakfast provided Saturday and Sunday Mornings

Lunch provided Saturday

Lacto-Vegetarian Food

Snacks and Fruit

Dinner is on your own Saturday

Do check out Frank's website. It has videos, articles about his discoveries that were printed in [New View](#) magazine with lots of photos; art prints for sale and more!



Chester with a model he has designed



ANTHROPOSOPHICAL SOCIETY IN AMERICA

1923 Geddes Avenue • Ann Arbor, Michigan 48104 • Ph: 734-662-9355 • Fax: 734-662-1727

April 19, 2011

Dear Members and Friends,

Yesterday I returned to the U.S. after a week of meetings capped by the AGM in Dornach this past weekend. Although a more complete version may be possible for our next publication of *being human*, I am aware of how many members are waiting for news as soon as possible. So this summary is appearing on our web site and will go to all group and branch leaders today.

As I walked toward the Goetheanum on Saturday the 16th, people were swarming up the hill from all directions. The great hall began to fill as long lines wound their way down the stairs on each side. In the end, every seat was filled, and the overflow crowd was accommodated in the Grundstein Saal below, for a total of over 1250 people. The meeting opened with a brief selection of music and then Paul Mackay welcomed everyone and introduced the program. Sergej Prokofieff, Bodo v. Plato and Paul Mackay each gave a brief overview of their work and hopes for the present and future. Members then proceeded to take up the eleven motions — a process that lasted the better part of the next twelve hours.

During the General Secretaries meetings in the foregoing days, a decision was made to place the controversial second motion (no confidence) first on the AGM agenda, as it was the most far reaching and needed to be addressed early on. The sponsor of the motion gave an introduction, and then members were invited to speak. The General Secretaries had asked that Hartwig Schiller (Germany) and I speak on behalf of the General Secretaries. (This was my first occasion to speak in German in the hall! A translation of this talk will be in the next issue of *being human*.) There were perhaps a dozen who spoke before the motion was voted on. Also by pre-arrangement, we had decided not to contest the wish for a secret ballot, and that was indeed affirmed by a simple majority. We then went on to the actual casting of ballots, which were counted during the break. To the relief of the overwhelming majority, the final tally was: 11 invalid ballots, 156 abstaining, 257 voting *for* the motion of no confidence, and 876 voting *against* the motion.

Motion #1, regarding seven year terms and reaffirmation of Executive Council members, was approved. Then the three Vorstand members were put up for affirmation, and all three — Paul, Sergej and Bodo — were reaffirmed with substantial majorities. Motion #3 was no longer as relevant since the name Goetheanum had been removed by prior action of the Vorstand, but the remaining aspect of the name use was still debated. 372 voted yes and 492 no, meaning the members chose not to restrict the freedom of the Vorstand to determine the uses of the name.

The Weleda motion (#4) brought forth more heat than expected, with many doctors, former employees, and members speaking to the need to hold a special meeting to fully address the future of Weleda. From my perspective, there seems to be tension between the need to produce and maintain the quantity and quality of anthroposophical medications vs business survival and the dictates of the marketplace, which seems to favor the cosmetic line. Leading figures took different points of view,

– 2 –

but in the end the membership at the AGM voted to authorize a special meeting, to be scheduled at a future date, so as to more fully deal with the evolution of Weleda (note that the society remains a major shareholder).

Anthroposophy Worldwide will no doubt carry more on the other motions, most of which did not receive sufficient support to pass or were withdrawn. One of the reasons why the process took so long was that several times along the way there were procedural motions that had to be dealt with, as well as numerous speakers to each motion.

One key message that I brought from our membership was the issue of worldwide participation and voice in such crucial decisions. Paul Mackay introduced possibilities which the General Secretaries have only just begun to consider. They include options such as proxy votes, selecting delegates from each country, Skype or virtual participation, or having certain motions first go to the national societies before they go to the AGM in Dornach. There are pros and cons to each of these options. Some national societies have tried one or another option over the years, and the exploration is only just beginning. These questions go to the very heart of our work together worldwide and need to be considered carefully. There is also a growing sense that the circle of General Secretaries can play a stronger role in the future, referring to what Rudolf Steiner called the “expanded executive council”. We were certainly fortunate this last meeting to have country representatives join us as they usually do for the spring meeting, which added depth and breadth to our conversations.

We heard two moving reports from our friends in Japan and New Zealand. The earth quakes of recent months have changed the human as well as physical landscape of these two countries. From Japan we heard personal experiences of the quake. A scene was described where a group of 14 eurythmists, in full veils, joined the crowds on the streets of Tokyo during the initial quake; the fear of contamination in the weeks that have followed as the earth, air and water are poisoned; the dislocation and loss of so many lives. Added to this were the stories from Christchurch and the unfolding of the great mystery of human compassion. What struck me most was the interconnection of human destiny on earth as the General Secretaries made contributions to the presentations: there had been Japanese volunteers who were helping in New Zealand only to be called home when their own disaster struck. The events in Japan caused a sea change in the German political landscape with the Green Party (including some leading figures in the anthroposophical movement) receiving the most votes in regional elections. Sue Simpson spoke of the fund set up to provide therapy for New Zealand children experiencing trauma, and how contributions have flowed in from around the world.

Before closing this report, I would like to also share one aspect of the 150th as reported by Bodo v. Plato in the General Secretaries meetings. He said that a year ago, he would have been happy if the recognition given to Rudolf Steiner in 2011 would have been half of what was accorded to the celebrations around Kant. To his delight and that of many members, the recognition given Rudolf Steiner has far exceeded our expectations. Full length articles have appeared in many newspapers and magazines, public conferences have been held (including a very successful one in Bologna attended by over 900 people, most of them not members), celebrations in towns around the world, resolutions

passed by governments etc. In his usual provocative way, Bodo then asked: What can we learn about ourselves from the images that the media have given us thus far this year? He went on to list four points, which could become the basis for member conversations:

1. There is almost universal agreement that the work of the movement, the practical results of anthroposophy as seen in Waldorf education, medicine, biodynamics, etc. is generally excellent. The movement in this year of the 150th has received high acclaim.
2. The image of Rudolf Steiner that emerges is of a remarkable man, someone hard to understand but a truly unusual person with exceptional gifts. The extensive biographies attest to the fact that one cannot reduce him to a mere news clipping -that his investigations are far reaching.
3. The message flowing back to us from the celebrations is that the Society is almost invisible, if not irrelevant.
4. The members are portrayed as somewhat strange.

These kinds of observations can spur us forward to really look at what we are doing, where we have been successful, and where we need to go in the future. How can the separate endeavors in the movement be better linked with each other and the Society? How can we foster the genuine human? In this time of budget cuts, how can we emphasize the vital contribution of the arts, such as speech and eurythmy, which are unique to our work? How can we support the work of the Goetheanum as a research and cultural center that goes far beyond the walls of the building itself? And finally, in light of our recent AGM and the social/political/human challenges around the world, how can we awaken to a new sense of community?

I hope these questions can weave through the work of our groups and branches in the months ahead as we work with renewed energy on realizing the potential of *Anthroposophy — Rosicrucianism in our time*, which serves not only as our theme of the year, but the challenge the world has given us today.



Torin M. Finser

Do you subscribe to **New View** magazine? If not please consider doing so. The magazine continues to struggle with economic woes that make its future very shaky. It would be a tragedy if this magnificent magazine were to cease. So if you can, please go to www.newview.org.uk and subscribe today! If you are already a subscriber, how about making a gift subscription?

**Workshop in Chattanooga, Tennessee:
“Anthroposophy: What? How? Why? Who?”**

with Michael Ronall

Recitation from The St. John Gospel by Robert Brock

June 24-26, 2011

Cost: \$40. includes Saturday Lunch

Sponsored by the Traveling Speakers Program of the Anthroposophical Society in America

For information, please contact Katherine Jenkins (706) 540-5871 or write her at

katjenks@negia.net

**ANTHROPOSOPHICAL SOCIETY’S THEME OF THE YEAR:
ANTHROPOSOPHY - ROSICRUCIANISM IN OUR TIME**

As is customary at this time of the year, the Anthroposophical Society has announced the “Theme of the Year” for the 2011-2012 year, which will commence at Easter 2011. It is “Anthroposophy - . - Rosicrucianism in our Time”.

The recommended reading list includes:

Esoteric Christianity (GA 130) September 28, 1911 and October 1, 1911

The Spiritual Guidance of Mankind (GA 15) Dec. 15, 1911 and October 16, 1911

The Foundation Stone Meditation by Sergei Prokofieff , Chapters 6 and 11.

Rudolf Steiner and Christian Rosenkreutz by Peter Selg

An article on the theme written by Sergei Prokofieff can be found in the March issue of *Anthroposophy Worldwide*. If you do not receive the magazine, you may find it online at our national website: www.anthroposophy.org

Borrowing Books from our Phoenix Library

Our Rudolf Steiner Branch library, which is known as Phoenix Library, has well over 500 books, magazines, articles, and DVD’s. It is housed at the home of Judy Frey. Donations to the library are always welcome. Simply contact Judy or our Board President, Peg Carmody.

1. You must be a member of the Rudolf Steiner Branch (NC) in order to borrow books from the Phoenix library. Contact Peg Carmody if you wish to join our community at mcarmody@nc.rr.com or call 537-8142.
2. The best way to borrow is to visit the library directly. Call Judy in advance to make an appointment at **919-928-8749**.
3. You can order books by phone or email, and Judy will mail them to you if you send the postage. Check with Judy for the rate. Judy’s address is:

**Judy Frey
55207 Broughton
Chapel Hill, NC 27517**

Please return any books that you have out. There are many books that have not been returned in over a year. Please contact Judy today to make arrangements for returning the, Thank you.



4-DVD Set, recorded live in Portland, OR, June 3–6, 2010

Cost: \$100.00

\$5.00 shipping and handling for 1 set, \$7.00 for 2 sets.

This seminar explores human prenatal development and shows how biology is expressing the essence of human spiritual enfoldment. Understanding the stages of development is a foundation for therapeutic recognition of embryological forces in all later stages of life. Craniosacral Therapists have been urged to comprehend embryological forces at work in sessions because the forces that formed the body are continuously at work throughout life, carrying the blueprint of Health into manifestation at every moment.

This seminar is a rare opportunity to hear a world authority on modern scientific understanding of embryology who has developed a unique synthesis of this science with spiritual principles.



Jaap van der Wal, PhD, MD is the associate professor for anatomy and embryology at the University of Maastricht, Holland. In the context of the project Embryo in Motion (see www.embryo.nl) he teaches medical anthropology and phenomenological (spiritual) embryology a.o. at institutes of Anthroposophy, Craniosacral Therapy, Osteopathy, and Polarity Therapy around the world.

Learn more about this amazing DVD set at the website: www.portlandbranch.org. There is a description of each DVD as well as a beautiful poem about the Embryo.

From the Editor:

As you have undoubtedly noticed, this issue is a double one, mainly due to the fact that I have been too busy to get out two separate issues. In viewing my situation, I have decided that from now on, the **Sophia Sun** will come out every other month and that in between times, we will simply have a Calendar listing sent out on the list-serve. It is my perception that most people reply on the list-serve for reminders about events, rather than looking things up on the **Sophia Sun** anyway. This will also help prevent my "burning out" of which I am on the brink. We are planning on putting a calendar on our website which you can refer to whenever you want to know what is happening as well. Around the first of June, look for the June calendar on the list-serve. For anyone who does not have computer access, the calendar will be mailed to you upon request.

As you probably know, being on the computer is bad for arthritis, cataracts plus it depletes one's etheric energy, which is especially vital for the liver; all of these are among the ailments I struggle with. I have been getting at least 100 emails a day, plus the newsletter and other work I do take up many hours per week. I was shocked to get a recent statement that I had been on line that month for 29 hours and that does not include the many hours I spend on the computer doing the newsletter, which mostly involves using Word. As I look at my messy house and the long list other things I need to be doing but haven't had the time, such as taking care of my health, I realize that I need to cut back on my computer work drastically.

I do love working on the newsletter and wish that the computer wasn't so harmful. One of the things I love most is how our newsletter reaches people all over the world. Virtually every month I get emails from people whom I have never met as far away as China, Germany and California, who comment on articles and ask permission for reprints and some ask to visit us. It makes it all feel so worthwhile. It amazes me also that often when I am doing a Google search, I find the **Sophia Sun** in the search results. We are all over the Internet – and that means that the message of Anthroposophy is spreading and that makes me feel that all the work I have done is worthwhile!

Enough about me. I hope that you will take time this summer to not only relax and take time for meditation and reading, but to attend at least one workshop or conference. There are so many great ones happening this year. One of the best, if not the best, is the one happening in our own community – the Biodynamic workshop with Walter and Susan Moora. Unfortunately, I have a prior commitment -- that seems to be the story of my life – there is either nothing to do on a particular weekend, or else there are three conflicts! If you are wondering what else is available this summer, check our three previous issues (go to our website www.anthroposophync.org) or go to the national website which lists activities all over the country (www.anthroposophy.org).

One important event missing from this issue is the 7-day workshop on Flowforms with Jennifer Greene which happened May 2nd-8th. I was unable to attend, and so I sent out a request that anyone attending it should write us something about it, but I got no response. If anyone reading this was there, please write us something – better late than never!

Another thought I would like you to hold this summer is to consider – how can we attract more members, especially younger ones into our community? This past year our membership was significantly lower than the previous year, and as we look around, we see that most of us are aged 55 and above; many are having more and more health problems that are affecting participation in the community. This really needs to be a priority in the coming year if our community is to endure. Let us talk about this in the Fall when we resume our activities.

May you be filled with the Spirit of John and his inspiring Archangel Uriel during your work this Summer!

Kathleen Wright
Editor

Directory of Anthroposophical Initiatives in North Carolina

Branches

The Rudolf Steiner Branch (NC) of the Anthroposophical Society in America Serving Chapel Hill, Durham, Hillsborough, Pittsboro, Cedar Grove, Mebane and Raleigh

P.O. 16024

Chapel Hill, NC 27516

www.anthroposophync.org

RSBNC Board:

President; Peg Carmody 919-537-8142; mcarmody@nc.rr.com

Vice President: Nancy Willson 919-493-1091; nancywillson@myfrontiermail.com

Secretary: Kathleen Wright 919-309-9622; kathleenwright51@peoplepc.com

Treasurer: Peg Carmody

Newsletter: *The Sophia Sun* (monthly 9 times per year)

Email: sophiasun@peoplepc.com

Groups

Asheville: Todd Crowe 828-216-3226; oddwitha_t@hotmail.com

Website: www.azaleamountain.org

Greensboro: Sandy LaGrega – 336-292-7947; sunsan52@aol.com

Wilmington: Anna Bowman - 910-338-0833

Alicia Marroquin - 910-874-7200; maritimeabbey@gmail.com

Winston-Salem-Yadkin Valley - Sarah Putnam- 336-972-8243; sputnam01@att.net

Beth Bean - 336-942-8068

Education

Emerson Waldorf School (N-K-12)

www.emersonwaldorf.org

6211 New Jericho Rd.

Chapel Hill, NC 27516

Administrator: Joanna Andruscavage

Main Office: 919-967-1858

High School Office: 919-932-1195

Early Childhood office: 919-967-3362

Foundation Year Studies at the Emerson Waldorf School

(sponsored by the Center for Anthroposophy in NH)

Contact: Claire Viadro 919-967-8215; Viadro@mindspring.com

Home Nursery School Association (serving Durham, Chapel Hill and Hillsborough)

(There are currently 6 home nursery programs that utilize Waldorf principles)

Contact: Marie Nordgren 919-544-8748; amnordgren@aol.com

School of Spiritual Psychology

Benson, NC

www.spiritualschool.org

Robert Sardello and Cheryl Sanders-Sardello, Directors

Azalea Mountain Morning Garden (serving Asheville)

Contact: Kate Reese or Maria Allen 828-505-1350; www.azaleamountain.org;

Azalea Mountain School K-4, a Waldorf-inspired school plans to open in the Fall of 2011.

(see website for more info at www.azaleamountain.org)

Medical

Mark Eisen, M.D., anthroposophical family medical practice

900 MLK Blvd., Chapel Hill, NC 27514, 919-967-9452; mjepartic@aol.com
Jubilee – offering Anthroposophical books, Weleda remedies and toiletries, Dr. Hauschka cosmetics, True Botanica remedies, at the medical practice of Dr. Eisen

Margaretta Bornhorst, R.N. anthroposophical nurse; Rhythmical massage practitioner, 919-824-7337; healingrhythms@gmail.com

Divine Rose - Cory Roth, NC licensed/certified Dr. Hauschka esthetician; offers Dr. Hauschka facial treatments and make-up sessions; contact: 919-933-4748; Divinerose55@gmail.com

Biodynamic Farms

Whitted-Bowers Farm - Demeter certified – specializing in fruits and vegetables; 8707 Art Rd., Cedar Grove, NC 27231; 919-732-5132; Rob and Cheri Bowers, owners

Infinity Farm – uses biodynamic methods; CSA, organic goat milk, grass fed meats; organic eggs; vegetables. Jon Lyerly, director 919-357-7453; jlyerly2@gmail.com; 1600 McDade Store Rd., Cedar Grove, NC

The Arts

Eurythmy - Eve Olive - 919-489-2564; eveolive@frontier.com
 Ann Calloway – 919-403-8678 callaway.lonaann@gmail.com

Werbeck Singing - Joanna Carey – 919-403-7060

Lyre Music- Joanna Carey – 919-403-7060
 Suzanne Mays – 919-929-1073

School of Choreocosmos, Sophia Grail Circles

Kelly Calegar - www.eastcoastschoolofchoreocosmos.com
 Marlene Joyce – mjoyce126@bellsouth.net

Christian Community

A Christian Community priest visits our Congregation bi-monthly. Currently, Rev. Carol Kelly and Rev. Patrick Kennedy are the priests we share with the Washington D.C. parish.

Contact: Linda Folsom, Steering Committee member, 493-8323. lfolsom@nc.rr.com
 Website: www.christiancommunitync.org

Anthroposophical Lending Library

The Phoenix Library, Chapel Hill, NC 27517
 Contact: Judy Frey 919-928-8749; damaris12@nc.rr.com

Study Groups:

Child's Needs Study Group – One Saturday a month 10 am-12 pm.; reading *Loving the Stranger: Studies in Adolescence, Empathy and the Human Heart*, compiled by Michael Luxford Please call Lauren Mills Nyland for further information – 968-7721, or mills.lauren@gmail.com

Christian Community Study Group: “Feed the Body, Feed the Soul” - Sundays 11a - 1p at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd., Chapel Hill. The group will spend the first hour reading and discussing and the second hour sharing a Pot Luck meal. Book: *The Trinity* by Hans Werner-Schroeder. One does not have to be a member of the Christian Community to join this group. All are welcome. Check the website for further details www.thechristiancommunitync.org or call Mary Beth at 929-9791.

The Goethean Conversation Study Group – Sundays 3-5 PM. Marjorie Spock, in her book *Group Moral Artistry*, suggested substituting Goethean conversation for reading or lecturing, which many felt to be an outmoded form of Anthroposophical group life. We are currently applying these principles to the book *Learning to Experience the Etheric World: Empathy, the After-Image and a New Social Ethic* by Baruch Urieli and Hans Mueller-Wiedemann It meets at the home of Martha and Dirk Kelder in Chapel Hill. For more information please call 919-942-2112.

Greensboro Study Group - Sunday nights, 7 pm. Currently reading *The Fifth Gospel* by Rudolf Steiner. Contact Sandy LaGrega at (336) 292-7947 or Judy Boyd (336) 454-2451.

Ita Wegman Study Group – Wednesdays 11:30-1:00 at the home of Kathleen Wright. Currently reading: *Rudolf Steiner's Mission and Ita Wegman* by Margareta and Erich Kirchner-Bockholt. We shall read works by Dr. Wegman and about her. Call Kathleen Wright if interested at 309-9622 or 672-0149 or email: sophiasun@peoplepc.com

Reading to the Dead Group – 3rd Thursday of the month, 7p. We are reading *Links Between the Living and the Dead* by Rudolf Steiner. We meet at the home of Robert and Suzanne Mays. We hope that you can find your way to these readings as a way to strengthen and deepen our relationships with the Dead. The upcoming dates are: **February 17, March 17, April 21** (this will be a special Maundy Thursday gathering as well), **May 19** and **June 16**. Any questions can be directed to Joanna Carey: 919-403-7060. Please RSVP to either Suzanne or Joanna that you will be attending.

Renewing the Culture of Death – Please contact Jenny Bingham if you are interested in this group. The first half of the monthly meetings will be discussion, and the second half of the meeting will be around practical issues of creating a group who will be available to assist those in the community who want to care for their loved ones at home after death. **End of Life Documents Workshops** March 22, 29 and April 5. Jenny Bingham: 208 Murray St., Hillsborough, NC 27278. Phone: 919-241-4304; Email: jennybingham@yahoo.com

Rose Cross Study Group – Wednesdays, 7:30 pm, at the home of Judy Frey, Currently reading *Karma of Untruthfulness Vol. I*. Newcomers are welcome! Please give call Judy at 928-8749 before attending the first time.

The Socially Resilient Child Study Group – Thursdays 8:45-9:45 a.m. in the second classroom in the Nursery School Building at EWS; to discuss “How can we support our children in social situations?” Contact Lauren Nyland at 968-7721 or mills.Lauren@gmail.com

Wilmington: “Roscroix Maritime Abbey”, Tuesdays 7:00 pm at the home of Alicia Marroquin 118 S. 6th St. #B, Wilmington, NC. Book: *Cosmic New Year* by Rudolf Steiner. For more information call Alicia at 910-874-7200 or email: maritimeabbey@gmail.com

The Winston-Salem Anthroposophical Study Group - Sundays 5-7 pm at alternating members' homes. This year we will be working on Rudolf Steiner's lectures on *The Gospel of St. John*. Our group focuses on awakening and strengthening the Christ and Sophia impulse in the world and deepening its presence in both a personal and universal way. All are welcome. Please contact Beth Bean (336) 924-8068 for further information.

Winston-Salem-Yadkin Valley Study Group -Sundays from 6-8 pm; This Study Group meets September through May, at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group has just begun the book *Meditations on the Tarot*. Call 336-972-8243 for more information.

Asheville Study Groups: (see www.azaleamountain.org for more info)

Steiner Study Group – 1st and 3rd Thursdays, 7-9pm. Currently reading *The Mission of the Archangel Michael*. Contact Todd Crowe at 828-216-3226 or email: oddwitha_t@hotmail.com

Soul-Weaving Study Group for parents - 1st Sunday of the month, 2-4pm; contact Elizabeth Gilbert at 828-296-8323

Biodynamic reading group - 2nd Thursday, reading group and 4th Saturday 10-12am hands-on in the garden.

Handwork Group – 4th Sunday of the month 2 pm; contact Emily Ankeney for location 828-505-1566

South Carolina

Charleston/Yonges Island Study group – Tuesdays at 11:30 am at the home of Dr. Traute LaFrenz Page; currently reading *Occult Science*; contact Peggy Pearl at peggy.pearl@yahoo.com or 843-554-7166 or Gabrielle Heatherdale at Heatherdale@gmail.com or 843-688-4816 for more information.

PLEASE NOTE: Most Study groups do not meet during the Summer, so please be sure to call a group if you are interested in joining to find out when they are meeting next.

Study Group Leaders:

Please keep information about your group current. Send any new information about your Study Group by the 20th of the month preceding publication to: Kathleen Wright at: sophiasun@peoplepc.com or call her at 919-672-0149.

Don't see any groups that interest you? Why not start your own? Just write the editor for information about starting a new group: sophiasun@peoplepc.com



The Rudolf Steiner Branch (NC)

Of the Anthroposophical Society in America

P.O. Box 16024

Chapel Hill, NC 27516

www.anthroposophyNC.org

The Sophia Sun

Editor.....Kathleen Wright

Calendar.....Linda Folsom

The Sophia Sun is the newsletter of the Rudolf Steiner Branch (NC) of the Anthroposophical Society in America, a 501(c)3 non-profit organization. It is published 9 times a year (no issues in Jan., July and Aug.). Members are encouraged to view the newsletter electronically by visiting our website www.anthroposophyNC.org. If you wish to receive the newsletter by email, please write to the editor at: sophiasun@peoplepc.com **Note:** On line, the newsletter is in color; mailed copies are in black and white. To receive the newsletter by Postal service please contact the editor. **Cost is \$20. a year for members and \$40 for nonmembers.**

Submitting articles, letters, announcements and ads:

Please send UNFORMATTED text as a Microsoft Word document to sophiasun@peoplepc.com. Articles should not exceed 3 pages in length, and preferably should be 1-2 pages long.

Ads for goods and services: Dues-paying members of the Rudolf Steiner Branch are entitled to one free ad per year (quarter of a page). Please contact the editor for rates if you are not a member and wish to place an ad. If you have any questions, please contact: **Kathleen Wright, at 919-309-9622 or 919-672-0149 or email her at sophiasun@peoplepc.com**



Anthroposophy, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). **Rudolf Steiner** was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditator, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement,

anthroposophical medicine, biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at www.anthroposophy.org or our local website at www.anthroposophyNC.org