



# The Sophia Sun

Newsletter for the  
Rudolf Steiner Branch (NC)  
Of the Anthroposophical Society in America

March 2011

Volume IV, Number 2

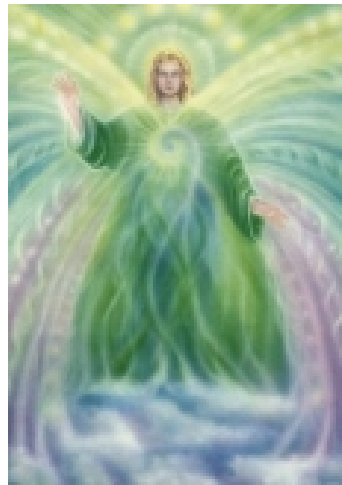
## The Virtue For March (PISCES)

Magnanimity Becomes Love (Grossmut wird zu Liebe)

In the human heart  
There lives a part of Man  
Which contains matter  
More spiritual than in any other organ;  
Also a part of Man  
Of which the spiritual life  
Is made more manifest in matter  
Than that of any other organ.

Hence in the Microcosm that is Man  
The Sun is the Heart,  
And in his heart is Man united  
Most of all with the deepest fount -  
The Fount of his true Being.

- *Rudolf Steiner*



*The Archangel Raphael Who Rules Spring*

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## March 2011 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> CC Steering Committee Meeting-1p  Rosecroix Maritime SG 7p	<b>2</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>3</b> EWS SG 8:45a  Asheville Steiner SG-7p	<b>4</b> CC-Dancey Talk-7p	<b>5</b> CC-Dancey Talk-7p
<b>6</b> The Goethean Conversation SG-3p Asheville Soul-Weaving SG-2p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>7</b>	<b>8</b> Rosecroix Maritime SG 7p  RS Branch Festivals Committee Meeting-7:30	<b>9</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>10</b> EWS SG-8:45a  Asheville Biodynamic SG-10a	<b>11</b> EWS Jazz Band at University Mall-6p  Choral Gatherings-7:30p	<b>12</b>
<b>13</b> Meeting of the First Class-10a, (Review-11a)  The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>14</b>	<b>15</b> NDE SG-7p  Rosecroix Maritime SG 7p	<b>16</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>17</b> EWS SG 8:45a  Asheville Steiner SG-7p  Reading to the Dead Group-7p	<b>18</b> EWS Choral Concert-5:30p  CC - Christian Community 101 7:30p	<b>19</b> CC - Priest Talk 7:30p
<b>20</b> CC Act of Consecration of Man - 10:30a The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>21</b>	<b>22</b> Rosecroix Maritime SG 7p  Rudolf Steiner Branch Board Meeting  End of Life documents 6:30p	<b>23</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>24</b> EWS SG 8:45a	<b>25</b>	<b>26</b> Asheville Biodynamic SG Hands-On-10a  Rudolf Steiner 150 <sup>th</sup> Birthday Celebration 2-4
<b>27</b> CC Study Group-11a Asheville Handwork Group-2p The Goethean Conversation SG-3p WS Anthroposophical SG-5p W/S-YValley SG-6p Pittsboro SG-6:30p Greensboro SG-7p	<b>28</b>	<b>29</b> NDE SG-7p  Rosecroix Maritime SG 7p End of Life Documents 6:30p	<b>30</b> Eurythmy Classes 8:30a  Ita Wegman SG-11:30a  Rose Cross SG-7:30p	<b>31</b> EWS SG 8:45a		

# Calendar Details: March 2011

## Rudolf Steiner Branch of the Anthroposophical Society

March 8, 7:30p – **Rudolf Steiner Branch Festivals Committee** meets at the home of Barbara Cain. Please join us if you are interested in continuing to bring the Festivals to our community. For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

Mar 13, 10a – **The School for Spiritual Science, Meeting of First Class**. Review session follows the main lesson and begins at approximately 11am. For more information please contact Suzanne Mays at 919-929-1073 or [suzannemays@gmail.com](mailto:suzannemays@gmail.com)

Mar 22 - **Rudolf Steiner Branch Board Meeting** – Meeting at the home of Suzanne Mays. For more details contact Peg Carmody at 919-537-8142 or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com). To contact the Board by mail: PO BOX 16024, Chapel Hill, NC 27516.

Mar 26, 2-4p – **Rudolf Steiner 150<sup>th</sup> Birthday Celebration** - At the Chapel Hill Library; phone 919-309-9622 for more info. See announcement in this issue on page 6.

## Christian Community

March 1, 1p - Christian Community **Steering Committee meeting** at the home of Mary Beth Mueller.

March 4 and March 5, 7p - 2 Free Public Talks by Richard Dancey. Mar 4 - **Christ, Karma, and Reincarnation: Are they Compatible? Do they in fact complement and complete one another? Is this a next step for Christianity?** March 5 - **"Strengthening the Spiritual Life of our Children: How do children grow up strong in Spirit, Soul, and Body in this technological culture?"** Both talks sponsored by The Christian Community, Movement for Religious Renewal. Held at the Fellowship Hall, Amity Church, 825 N. Estes Drive, Chapel Hill, NC 27514. (intersection of Estes Drive and 86).

March 18, 19, 20 - **CC Priest visit weekend**. There will be an informal gathering Friday night, a public talk Saturday evening, and services for children and adults Sunday morning, followed by a Potluck. Please see announcement on page 8.

### Save the date:

April 15 - 17- special weekend workshop with Gisela Weilki - "Light, Life, Love and the Trinity"

May 13 -15 - priest visit weekend. For more information, please call Linda Folsom at 919-493-8323 or email us at <http://www.thechristiancommunitync.org>

## Emerson Waldorf School

Friday, March 11, 6p - **EWS Jazz Band performing at University Mall for the 2nd Friday Art Walk**

Friday, March 18, 5:30p, **Choral Concert Grade 5-12**

For information about EWS events, please see the detailed school calendar at:

<http://www.calendarwiz.com/calendars/calendar.php?crd=emersonwaldorf&op=cal&month=3&year=2011>

## Other Activities of Interest

March 11, 7:30p - **Choral Gatherings** - usually the 1st Friday of each month, 7:30p - 9:30p. (Note change for this month - second Friday instead, March 11). At the home of Joanna Carey, 112 Solterra Way in Durham. Bring a potluck snack if you desire. We welcome all ranges, especially altos. After some healthy warm ups, we will begin to work on some beautiful pieces from many traditions. Some will be rounds and some are part pieces. No previous singing experience is necessary, just a desire to sing with others. All are welcome. Please RSVP to Joanna Carey at 919-403-7060 or call for more information. The upcoming dates are: April 1, May 6, June 3.

Mar 15, 7p - **NDE Study Group** - a once-a-month study group, on the 2<sup>nd</sup> Tuesday of the month, for near-death experiences (NDEs). the Raleigh/Durham Friends of IANDS group, part of the International Association for Near-Death Studies. This is part of our research work in the fields of consciousness studies, neuroscience and NDEs. We welcome all people who are interested in NDEs, especially those who have had an NDE are invited to share their experience with the others. At the home of Robert and Suzanne Mays, 5622 Brisbane Dr, a few miles north of Chapel Hill, just north of I-40, off Mount Sinai Road. For more information, please call us at 919-929-1073 or email at [suzanne@mays@gmail.com](mailto:suzanne@mays@gmail.com). Our meetings for the remainder of the year will be: (no meeting in April), May 10, and June 14.

**Please Note**

**Updates on events may be publicized by sending out an email to the asnc list serve:**  
[asnc-list@rtpnet.org](mailto:asnc-list@rtpnet.org).

**Please go to the Rudolf Steiner Branch website to learn how to join the list-serve so that you will receive up-dates and events:**

<http://anthroposophync.org/mailman/listinfo/asnc-list>

## Study Groups:

**Child's Needs Study Group** – One Saturday a month 10 am-12 pm.; reading *The First Seven Years* by Edmond Schoorel; Please call Lauren Mills Nyland for further information – 968-7721, or [mills.lauren@gmail.com](mailto:mills.lauren@gmail.com)

**Christian Community Study Group: “Feed the Body, Feed the Soul”** - Sundays 11a - 1p at the home of Jim and Mary Beth Mueller, 3105 Whitfield Rd., Chapel Hill. The group will spend the first hour reading and discussing and the second hour sharing a Pot Luck meal. Book: *The Trinity* by Hans Werner-Schroeder. One does not have to be a member of the Christian Community to join this group. All are welcome. Check the website for further details [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) or call Mary Beth at 929-9791.

**The Goethean Conversation Study Group** – Sundays 3-5 PM. Marjorie Spock, in her book *Group Moral Artistry*, suggested substituting Goethean conversation for reading or lecturing, which many felt to be an outmoded form of Anthroposophical group life. We are currently applying these principles to the book *Learning to Experience the Etheric World: Empathy, the After-Image and a New Social Ethic* by Baruch Urieli and Hans Mueller-Wiedemann It meets at the home of Martha and Dirk Kelder in Chapel Hill. For more information please call 919-942-2112.

**Greensboro Study Group** - Sunday nights, 7 pm. Currently reading *The Fifth Gospel* by Rudolf Steiner. Contact Sandy LaGrega at (336) 292-7947 or Judy Boyd (336) 454-2451.

**Ita Wegman Study Group** – Wednesdays 11:30-1:00 at the home of Kathleen Wright. Currently reading: *Rudolf Steiner's Mission and Ita Wegman* by Margareta and Erich Kirchner-Bockholt. We shall read works by Dr. Wegman and about her. Call Kathleen Wright if interested at 309-9622 or 672-0149 or email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

**Reading to the Dead Group** – 3rd Thursday of the month, 7p. We are reading *Links Between the Living and the Dead* by Rudolf Steiner. We meet at the home of Robert and Suzanne Mays. We hope that you can find your way to these readings as a way to strengthen and deepen our relationships with the Dead. The upcoming dates are: **February 17, March 17, April 21** (this will be a special Maundy Thursday gathering as well), **May 19** and **June 16**. Any questions can be directed to Joanna Carey: 919-403-7060. Please RSVP to either Suzanne or Joanna that you will be attending.

**Renewing the Culture of Death** – Please contact Jenny Bingham if you are interested in this group. The first half of the monthly meetings will be discussion, and the second half of the meeting will be around

practical issues of creating a group who will be available to assist those in the community who want to care for their loved ones at home after death. **End of Life Documents Workshops** March 22, 29 and April 5. Jenny Bingham: 208 Murray St., Hillsborough, NC 27278. Phone: 919-241-4304; Email: [jennybingham@yahoo.com](mailto:jennybingham@yahoo.com)

**Rose Cross Study Group – Wednesdays, 7:30 pm**, at the home of Judy Frey, Currently reading *Karma of Untruthfulness Vol. I*. Newcomers are welcome! Please give call Judy at 928-8749 before attending the first time.

**The Socially Resilient Child Study Group – Thursdays 8:45-9:45 a.m.** in the second classroom in the Nursery School Building at EWS; to discuss “How can we support our children in social situations?” Contact Lauren Nyland at 968-7721 or [mills.Lauren@gmail.com](mailto:mills.Lauren@gmail.com)

**Wilmington: “Roscroix Maritime Abbey”**, Tuesdays 7:00 pm at the home of Alicia Marroquin 118 S. 6th St. #B, Wilmington, NC. Book: *Cosmic New Year* by Rudolf Steiner. For more information call Alicia at 910-874-7200 or email: [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**The Winston-Salem Anthroposophical Study Group - Sundays 5-7 pm** at alternating members' homes. This year we will be working on Rudolf Steiner's lectures on *The Gospel of St. John*. Our group focuses on awakening and strengthening the Christ and Sophia impulse in the world and deepening its presence in both a personal and universal way. All are welcome. Please contact Beth Bean (336) 924-8068 for further information.

**Winston-Salem-Yadkin Valley Study Group -Sundays from 6-8 pm**; This Study Group meets September through May, at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group has just begun the book *Meditations on the Tarot*. Call 336-972-8243 for more information.

### **Asheville Study Groups: (see [www.azaleamountain.org](http://www.azaleamountain.org) for more info)**

**Steiner Study Group** – 1<sup>st</sup> and 3<sup>rd</sup> Thursdays, 7-9pm. Currently reading *The Mission of the Archangel Michael*. Contact Todd Crowe at 828-216-3226 or email: [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

**Soul-Weaving Study Group** for parents - 1<sup>st</sup> Sunday of the month, 2-4pm; contact Elizabeth Gilbert at 828-296-8323

**Biodynamic reading group** - 2nd Thursday, reading group and 4th Saturday 10-12am hands-on in the garden.

**Handwork Group** – 4<sup>th</sup> Sunday of the month 2 pm; contact Emily Ankeney for location 828-505-1566

### **South Carolina**

**Charleston/Yonges Island Study group – Tuesdays at 11:30 am** at the home of Dr. Traute LaFrenz Page; currently reading **Occult Science**; contact Peggy Pearl at [peggy.pearl@yahoo.com](mailto:peggy.pearl@yahoo.com) or 843-554-7166 or Gabrielle Heatherdale at [Heatherdale@gmail.com](mailto:Heatherdale@gmail.com) or 843-688-4816 for more information.

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### **Study Group Leaders:**

Please keep information about your group current. Send any new information about your Group by the 20<sup>th</sup> of the month preceding publication to: Kathleen Wright at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) or call her at 919-672-0149.

Don't see any groups that interest you? Why not start your own? Just write the editor for information about starting a new group: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

## COME CELEBRATE THE 150<sup>TH</sup> BIRTHDAY OF RUDOLF STEINER!

Saturday, March 26, 2011  
Chapel Hill Public Library  
100 Library Dr. (off Estes. Drive)  
2-4 PM

Featuring Large Exhibit by Douglas miller on  
Steiner's life and legacy

Talks by Peg Carmody and  
Kathleen wright

Birthday Cake and tea

No charge – bring your friends for an enlightening and fun day!




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## VOTING TO TAKE PLACE AT AGM ON MAY 21

The Annual General Meeting of the Rudolf Steiner Branch will take place On May 21, 2011 in the Brown Room at the Emerson Waldorf School. It will begin with a Pot Luck Lunch at 1 PM. The Business portion of the meeting will take place at 2 PM. All members are encouraged to attend. In order to expedite the reports, you are encouraged to bring a written report about your initiative. If you are unable to attend, please send Board President Peg Carmody a copy of your report prior to the meeting. Her email address is: [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com).

One of the key agenda items will be the election of officers as required by our by-laws. Peg became President, Nancy Willson Vice President and Kathleen Wright Secretary in May 2008 so their three-year terms are over this year. Kathleen has notified the Board that she would like to step off the Board to concentrate on the newsletter and her work on the Eastern Regional Council. Peg and Nancy are willing to continue in their roles, and the Board proposes that their names be considered by the membership for election. We welcome any other nominations for these offices, and for Treasurer and Secretary. A person can also join the board as a member-at-large. You can propose your own name by contacting any Board member, and you can propose the name of anyone you would like as long as you check that they are willing to serve and intend to become a member of the Rudolf Steiner Branch (NC). (Membership letters will go out soon.) We thank Kathleen for her service and will miss her concise, yet complete minutes of Branch and Board meetings and the enthusiasm she has for her work in Anthroposophy. Any Board member can be contacted for more information, or to propose a name for nomination.

Current Board members are:

Peg Carmody; [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)  
Nancy Willson; [nancywillson@myfrontiermail.com](mailto:nancywillson@myfrontiermail.com)  
Kathleen Wright; [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com)  
Suzanne Mays; [suzannemays@gmail.com](mailto:suzannemays@gmail.com)  
Margaretta Bornhorst; 919-824-7337  
Will Hicks; [contactwill@embarqmail.com](mailto:contactwill@embarqmail.com)  
Edward Schuldt; [edward.schuldt@gmail.com](mailto:edward.schuldt@gmail.com)



# RICHARD DANCEY TO PRESENT PUBLIC TALKS MARCH 4<sup>TH</sup> AND 5<sup>TH</sup> 2011 At the amity church Fellowship hall IN CHAPEL HILL



Rev. Richard Dancey from the Chicago Christian Community Movement for Religious Renewal is on a speaking tour of the southeastern US. Richard has been a friend to our community for many years and we are looking forward to seeing him again. He will be presenting two talks here in Chapel Hill the weekend of March 4<sup>th</sup>-5<sup>th</sup>. Both talks will be presented at the Fellowship Hall of the Amity Church at 825 N. Estes Dr., Chapel Hill, NC 27514 9at the intersection of Estes Drive and Hwy 86)  
The topics of Rev. Dancey's talks are:

**Friday, March 4<sup>th</sup>: "Christ, Karma and Reincarnation"** – Are Christ, Karma and Reincarnation Compatible? Do they, in fact, complement one other? Is this the Next Step for Christianity?

**Saturday, March 5<sup>th</sup> – "Strengthening the Spiritual Life of our Children"** – How do children grow up strong in Spirit, Soul and Body in this technological culture? How do parents nurture this growing?



The talks are free. Donations are appreciated. For more information, see our website:  
<http://www.thechristiancommunitync.org>; or call Linda Folsom at 919-493-8323; or send us an email at; [christiancommunity.nc@earthlink.net](mailto:christiancommunity.nc@earthlink.net)

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## JUDY FREY BECOMES THIRD CLASS HOLDER FOR OUR SCHOOL OF SPIRITUAL SCIENCE



At the February First Class meeting, Eve Olive announced that Judy Frey would be joining her and Suzanne Mays as a Class Holder for our Branch's School of Spiritual Science. Judy has been one of the most devoted members of the Class, helping with set-up, clean-up and attending the Review sessions for many years. Judy is a member of the Festivals Committee and is our Branch librarian. She has been the host of the Rose Cross Study Group for many years. She writes an excellent weekly summary of the book her group is reading. In past years, Judy has written plays for our Festivals, which our members performed. Judy is a talented painter too and a wonderful party hostess. We

have had most of our annual Christmas parties at her home.

Judy will officiate at her first reading for the Class on March 12. We look forward to hearing her. First Class lessons begin at 10 AM. There is a short break after the lesson and then members have a discussion.

## Rev. Patrick Kennedy Will Be Here Friday, March 18 - Sunday March 20

### WEEKEND SCHEDULE:

#### Friday 3/18 and Saturday 3/19

##### Sacramental Consultation or other private conversations

NOTE: Please check the Christian Community website after March 3 to find out where the consultations will be this time and the topic of Patrick's talk.. The website is :[www.thechristiancommunitync.org](http://www.thechristiancommunitync.org)

**Friday evening, 3/18, 7:30pm:** Conversation led by Patrick, "Christian Community 101". This evening will be held at the home of Linda Folsom, 3118 Dixon Dr. Durham, 919-493-8323 or email [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com).

**Saturday, 3/19, at 7:30p:** Priest Talk:"A Christian Initiate: Rudolf Steiner" by Rev. Patrick Kennedy. Held in the Fleming Building at New Hope Camp. Directions on website <http://www.newhopeccc.org/directions.shtml>

**Sunday, 10/18:** in the Oak Building at New Hope Camp:

**9:30 am: Children's Story-**for children of all ages. Everyone welcome.

**10am: Children's Service, for children ages 7 – 14** We will provide an adult to watch over the children during the adult service afterward.

**10:30am: Act of Consecration of Man** - for adults and children over age 9 1/2.

Please try to arrive early and enter the room reverently.

**12 noon: Community Potluck** - Everyone is welcome! Please bring a dish to share. Beverages will be provided. We hope you can join us.



**All events at New Hope Camp, Hwy 86 between Chapel Hill and Hillsborough [www.newhopeccc.org](http://www.newhopeccc.org)**

## WELCOME NEWCOMERS TO OUR BRANCH!

We are delighted to announce that we have a few new anthroposophists in our community!

During the Holy Nights, some of our members got to meet **Douglas and Nancy Forer** at Martha Kelder's home. Martha knew the Forers when she lived and worked in Princeton, New Jersey. The Forers were instrumental in the founding of the Princeton Waldorf School many years ago and their children attended the school there. Nancy assisted in the Princeton Waldorf Nursery/Kindergarten for over 25 years and taught a parent/child class there. Douglas worked as a researcher for Educational Testing in Princeton for over 30 years. They moved from Princeton to North Carolina in order to be near to their sons, Leif and Taj and to enjoy their new roles as Grandparents to 6- month old Soren.

**Ann Liebenstein Bass** attended our January Branch meeting. She and her husband Stuart moved here from Maryland because Stuart was appointed Town Planner of Pittsboro. Stuart was born here and has always wanted to return. He grew up on a farm in Red Oak. Ann was born in Minnesota. The two of them met while they were serving in the Peace Corps in the Czech Republic from 1994-95. While there, Ann hired a local farmer and he just happened to be a biodynamic farmer! She was very impressed with his gardening and how HEALTHY those vegetables made her feel. She had majored in architectural design and was longing to find more spiritually-inspired architecture. This, along with the farming and the fact that a friend of hers had a child in a Waldorf school eventually led her to find Rudolf Steiner. And now she has found us! Welcome Ann!



# “Light, Life, Love and the Trinity”

A Christian Community Workshop  
with Rev. Gisela Wielki,  
Director of The Seminary of The Christian Community in North America  
Friday evening, April 15th and Saturday April 16th  
(Palm Sunday Weekend)

Light, Life, Love - these are three lofty words in the Gospel of John. They are three profound and basic Christian concepts, which capture and embrace the life and working of Christ, as well as the Trinity: Father, Son, and Holy Spirit. We shall together explore these lofty concepts and their workings as we journey from the sense world into the world of soul and spirit.

**Workshop fee - \$65** if registration received prior to 4/1/11; **\$75 after 4/1 (fee includes lunch).**

Registration brochures will be sent out to those on the Christian Community mailing list by mail in February. Or you may contact us by email: christiancommunity.nc@earthlink.net Or phone: Linda Folsom at 919-493-8323.

## Schedule:

**Friday, April 15, 7:00pm - 8pm** First Talk: “Light”

**Saturday, April 16, 9:30am - 10:15am** Second Talk: “Life”

**10:30 am -11:30am** Artistic activity

**11:45am - 12:30pm** Third Talk: “Love”

**12:30pm - 3:00pm** Lunch break, lunch provided

**3:00pm - 3:45pm** Fourth talk: “Light, Life, Love – the Trinity”

**4:15pm - 5:00pm** Artistic activity

**5:15pm - 6:00pm** Fifth talk: “The Trinity” - final talk and discussion

**Sunday, April 17 9:30 am** Children’s Story and Service

**10:30 am** Act of Consecration of Man

**12 noon** Community Palm Sunday Pot Luck



**Gisela Wielki** grew up in Stuttgart, Germany. She received her diploma in early childhood education, spent a year in Chicago as a student teacher and then 6 months in a Camphill Village for adults with special needs. In 1967 she entered the seminary of the Christian Community in Stuttgart and was ordained at the age of 26. “I wanted to work with people from the cradle to the grave and beyond, if possible.” Gisela began working in the congregation in New York City in 1972. In 2002 she was appointed Director of the newly founded seminary of the Christian

Community, first located in Chicago and recently moved to Spring Valley.

Note – All events will be held at CAMP NEW HOPE Conference Center location: Website directions and map to the camp is <http://www.newhopeccc.org/directions.shtml>

Please check our website: [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org)

## **PROGRESS MADE TOWARD AN ANTHROPOSOPHICAL COMMUNITY FOR HANDICAPPED AND ELDERLY IN NORTH CAROLINA!**

Kerry Kafafian, whom we wrote about two years ago when she first came to Chapel Hill with her dream of starting a Camphill-like community here, returned the last week of February to continue her networking and searching in order to put all the pieces together. Kerry is a powerhouse of will and determination. She has already incorporated her initiative as a non-profit in North Carolina, written By-laws and Articles. She is calling her community "Bunny Hill". When asked why she chose this name, Kerry explained that her nickname for her 14-year old son Kevin, who has autism, is "Bunny". She also said that the image of bunnies makes one feel protective. Bunnies are gentle like handicapped persons. She also said that the name is "easy to remember" and that this is good for marketing purposes.

Kerry has already drawn up the architectural plans for the first building – a 4,000 square foot building that will house 12 people. Kerry envisions a community that will have all the best aspects of a Camphill Village, but also abide by the licensing requirements of the state and federal government, so that the community can receive as much aid as possible. This community should not be just for the rich, but for anyone who wants to share in its ideals. There will be almost a 1:1 ratio between coworkers and residents so that there will be more than adequate care for all. The community will be anthroposophical – with the Festivals, biodynamic farming, Waldorf and curative education; there will be Foundation Studies for the coworkers; both elderly and handicapped people will be served. The community will have cottage industries (such as baking and toymaking) and a medical practice. Kerry has visited a number of Camphill Villages and has also been networking with non-anthroposophical farm communities such as Innisfree in Virginia and with the Autism Housing Initiative in Durham, NC.

The only piece missing in the puzzle is the land itself. Kerry's dream property is the 26-acre tract next to Infinity Farm. Unfortunately, the people living there changed their minds about selling, but Kerry has been persistently asking them if they have changed their minds yet. If Kerry cannot be close to a biodynamic farm, she may have to locate near an organic farm instead, but she is not ready to give up yet. Kerry hope to begin construction next year right after her eldest son Patrick graduates form High School.

Kerry plans another visit here the first week of April. She is interviewing all sorts of people in hopes that qualified and interested persons will join her Board of Directors.

And yes, Kerry even has a website. It is [www.bunnyhillcommunity.org](http://www.bunnyhillcommunity.org) It is still under construction, but there is a very nice HomePage already. Be sure to check it out and keep Kerry's vision in your prayers. If you can offer Kerry any help or have suggestions for her ,you may contact her at: [kerrykafafian@gmail.com](mailto:kerrykafafian@gmail.com) or call her at 734-355-0991.

## **News from Infinity Farm**

Be sure to get your CSA share today! The deadline for subscribing and getting your money in is April 1. Just call Jon Lyerly at 357-7453 or contact him by email: [jllyerly2@gmail.com](mailto:jllyerly2@gmail.com) Be sure to note this information, as the phone number and email address on the brochures has changed.

There are two plans for the CSA: one for vegetables and one for meat. If you have not received a copy of the plan, with pricing etc. just contact Kathleen Wright at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) or call her at 672-0149 and she will send you a copy. One can also buy vegetables during the late spring, summer and Fall without a CSA; however buying a share shows your support for the work Jon is doing. Farmers always suffer during the cold months because that is when they need money the most and are doing the most work – ploughing, planting, making the preps, etc. They need the "seed money" you provide by paying in advance, so please show your support for biodynamic agriculture and assure that you will get the best selection of what is grown by purchasing a share today!

In March, two interns from the Spring Valley Biodynamic Farming Program will be joining Jon on the farm. Volunteers are more than welcome, but be sure to call Jon at least a day in advance from when you would like to work.

If you would like to get the best-tasting eggs in the world and the healthiest goat milk, just give Joy Kwapien a call at 732-1840 and you can arrange picking them up from her.

## Home Funeral Workshop held on February 19th

It was encouraging to experience the definite level of interest that was expressed in learning how to care for loved ones at death. People came for many reasons: because they wished to take part in this service in their communities, or wanted their children to know the details of how they wanted to be cared for when they died, or for some, there had been the shock of a hospitalization that brought up the fragility of life and the need to make plans for dying whenever that should happen.

The workshop addressed the two aspects of what comes so strongly to the fore when someone dies: the closeness of the spirit and at the same time the need for taking care of the physical; or, in other words, the deep soul-spiritual experience and with it, the opportunity for community building and the pressing practical details in caring for a dead body, arranging a vigil and funeral, and fulfilling the legal requirements of the laws pertaining to death in each state.

We addressed the historical development of embalming and the usurping of death care by the modern funeral movement that has become a powerful billion dollar business. How the home funeral movement is a return to the age-old tradition of caring for the dead at home with the involvement of the whole community.

Together as a group, we set up for a vigil, and with a volunteer as a body, we enacted the washing and caring for the body, remembering the importance of creating mood and sacred space...lifting up what was for the one who has past that which was meaningful in their life.

It was necessary to speak about the laws. To be reminded that it is legal for family to care for their own at death and even to bury someone on your own land if you do not live in a city. However, there are many assumptions that you can't do this, so preparation and the support of others who have done this are crucial.

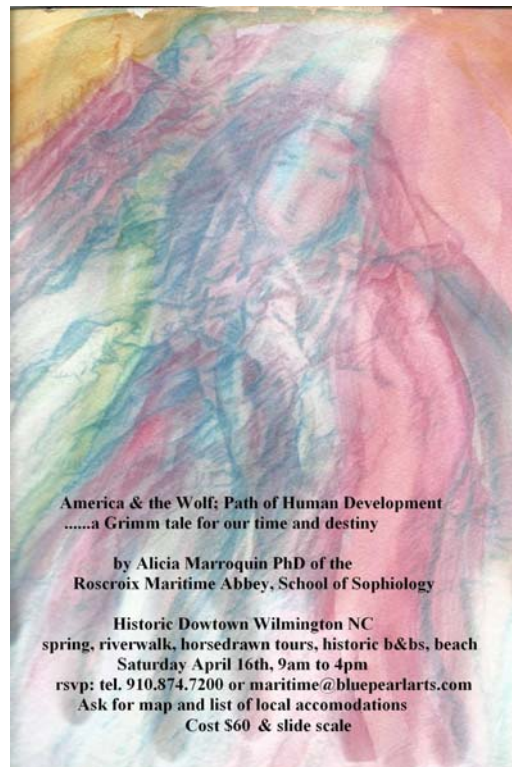
We ended by speaking about Green Burial cemeteries where bodies are buried in biodegradable caskets or shrouds without embalming and without tombstones...only a rock marker from the land. This is an answer to the tragic polluting of our earth by toxic embalming fluids, concrete of the required vaults in conventional cemeteries, and the steel and precious woods in which bodies are encased. This workshop will be repeated upon request and the following course will be given in March:

### **End of Life Documents in 3 Sessions:**

**Tuesday Evenings: March 22, 29 and April 5 from 6:30 - 8:30 pm.**

An opportunity to participate in a casual group where you will complete your end of life documents

**Contact: [jennybingham@yahoo.com](mailto:jennybingham@yahoo.com) or 919-241-4304**





## News From Whitted-Bowers Biodynamic Farm



It appears the red maple buds are about to burst making for a lot of happy bees. This time of year is always difficult for our local invertebrates as the food stores of honey in the hives is usually all gone by now, especially after such a cold December and January. One can witness life seeping back into the hives as they take to flight on these days with temperatures in the 60's. News of the red maple blossoms will make way through the colonies as only bees can do, bringing with it the promise of renewal. After our winter of turning in, we also feel a sense of renewal albeit not stemming from rest and relaxation. Lots has been happening and we are physically tired but full of enthusiasm and excitement about the season and the things that lie ahead.

This past November, we built our first hoop house (an unheated greenhouse in which we plant directly into the ground) courtesy of a grant from the Natural Resource Conservation Service. The hoop house will bring us to the markets sooner and allow us to grow later in the season as well. We will be back at the Carrboro and Eno River Farmers' Markets in a week or two with loads of asian greens and heirloom lettuces as we await the arrival of asparagus sometime around the beginning of April. Shortly after the asparagus, with any good fortune the strawberries will arrive. While there are still some hurdles to overcome, it looks to be a strong crop. Strawberry season can be an extraordinarily beautiful and intensely emotional as the nature spirits are on overdrive and we are filled with gratitude and awe.

Lastly, we are very excited to share the news that we recently were awarded a grant from RAFI (Rural Advancement Foundation International) to expand our pick your own and market presence with certified biodynamic and certified organic fruit. We have a brand new plum, pear, cherry, Asian persimmon and pomegranate orchard to add to our apples, figs, blueberries and grapes. By the end of the year, we will also be putting in peaches, nectarines, apricots, hardy kiwis and more apples, blackberries and raspberries to round out our season. All this has kept us very busy, but our spirits couldn't be higher as the farm moves us closer to a dream. As always, everyone is welcome to come by and visit. It seems we are always here!



Rob, Cheri and Téa

(Editor's Note; Cheri also wrote to encourage folks here to attend the Center for Anthroposophy this summer, as Rob's uncle, the renowned author and lecturer Douglas Sloan, will be offering a very special class. See the details on page 15.)

# New Zealand Earthquake Affects Waldorf school in christchurch

Letter received from Thomas Proctor,  
Principal of the Christchurch Rudolf Steiner School:

Hello everyone in our Federation and Steiner network of schools and friends,

Thank you everyone who has contacted me over the last days. Our little city is in ruins. There is tragedy everywhere that you see both in the news and things that you may never hear. It is so so awful and fills me with tears that so many people have died, so many have torn amputations, spinal injuries, crushed bodies, weeping spirits and that the whole city is ruined - from every historic building to the most modern. The effects will be decades in rebuilding.

We personally are ok. My family is ok and we have had damage but minor compared to most.

School was evacuated at 12.51 on Tuesday. Getting out of my office was like trying to walk on a rocking ship's deck - grasping for handrails before being tossed in the other direction. Files were falling, draws flying open. The kids ran to their designated areas. everyone was accounted for. Children were weeping and hugging. Many of the teachers who were terrified after the last quake were pale and shaking, but overcame this to bring calmness to their classes. I am so proud of them all. Most kids' jackets were inside. It got colder and, with big quakes every few minutes, their anxiety rose - especially as they saw houses on the hills behind us collapsing.

Our flash text communication system with every parent was useless as power was gone. We waited and parents slowly and frantically arrived. Some had run from the city centre and brought stories of modern buildings collapsing. Others told of roads broken and water gushing onto the streets, liquifaction creating gaping holes in roads. St Martins supermarket - just over the river - was impossible to get to. The kindergarten children sat with Robyn and Frances and Annalie and Ellen and their helpers. They kept assuring the little tamariki. In the lower school, children sat in their class groups. All our practises for fire drills were SO helpful - we had class lists ticked off, barley sugars, blankets and stories. The Upper school, who are usually a little frisky about fire drills were superb, contained and supportive of each other.

We watched quake after quake ripple across the school land, saw cracks like lightening bolts appear in the concrete slabs. We could hear the deep rumble of the next quake seconds before it struck.

As I walked around to each class I was so proud of our community of teachers and the increasing number of parents who brought in food, chocolate, bananas, pears, hugs, comfort and assurance.

Lytelton was cut off, Sumner and Redcliffs too and there were reports that Diamond Harbour was isolated. Text messages were intimitant. We were looking at evacuating to a welfare centre. But by 5pm, most children were gone with someone who was either family or classmate. Parents who had lost their homes setup tents in the field.

School is now closed - no water, no electricity. We have to wait for a building inspection before we can return. Ironically, there was an insurance assessor inspecting damage from the last quake at school as it struck. He was upstairs in the staff workroom and saw all the computers fall to the ground.

We don't know when we will have water without sewerage as the entire infrastructure of the town is cracked. School could be a long time beginning.

A few Steiner schools have offered to have children and families who want to get out of town. Thank you very very much for the offers. I am trying to coordinate lists of frightened families (most have no power or water or cell phones or petrol ) and places in schools that are available. We are looking at Federation funds assisting this. If your school wants to do something for the earthquake you could raise money for these families or just raise money for Christ Church. The cities needs will be ongoing for a long, long time. We wonder whether the central city will survive.

Can you email back to Mark and he could set up an account for this perhaps. Please email me at Thomasp@ihug.co.nz (as school is not working) regarding places in your school and families that can take in our parents.

If you aren't in a position to do this, then pray for Christchurch and its suffering families - thank you very much.

Another shock has just passed through - its a weird mixture of inner high alert and helplessness. The sense I get is that this is very different from the last quake. Apart from more deaths and more carnage, there is a weariness and exhaustion from months of vigilance and work that is now useless. That resilience to get up and get at it ( like digging out the heavy clay liquifaction) is not as strong and is counter to the much talked about indomitable Canterbury spirit. I think we will need long term continual support on many levels to get over this one.

Lots of love to you all, and thanks for what you can do.

Yours,

Thomas - for all the teachers



## WORKSHOPS AND CONFERENCES on the east coast:



### Annual Florida Conference features:

**Rev. Richard Dancey** speaking on:

“The Challenge of China: America’s Task and The Transformation of Work”

“The Transubstantiation of Money: The Spiritual and Economic Crisis of our Time”

**Alicia Marroquin** speaking on:

“America and the Wolf: A Grim tale for the Modern World”

**Stephen D. Salamone** speaking on:

“Rudolf Steiner and the Psychology of Adult Life”

**Eleanor Winship** will lead the conference attendees in singing

For more conference information, contact Karen Maestrales  
At [Kmaestrales@aol.com](mailto:Kmaestrales@aol.com)

## True Botanica Foundation presents:

### A Weekend Intensive Workshop:

### “Anthroposophic Approaches to Therapies and Nutrition”

April 29-May 1, 2011

Mukwongo, WI (near Milwaukee)

Featuring: Doctors: Ross Rentea, Andrea Rentea, and Mark Kamsler

Talks on:

The Birth of Anthroposophical Remedies and Supplements;  
formulas with root and root ashes; the role of sidereal star charts”

BerberineTherapeutic Applications

The Seven Metals – New Formulations; Working with the Soul Types”

New Glandular Formulations; the five major organs and the Pineal/Pituitary Axis”

“Women’s Health Concerns, Therapeutic Applications of Marjoram”

New True Botanica Products: Liver Cleanse, Nattokinase

Esoteric Requirements for an anthroposophical medicine and therapy

The Pentas Process

The Mystery of Alcohol: Good or Bad?

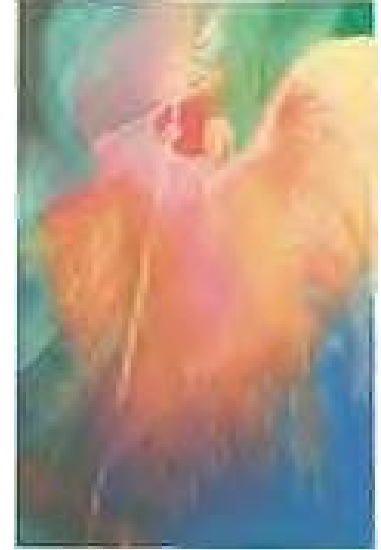
Substance Chromatography

Food Intolerance

To register online, go to the events page at:

[www.truebotanicafoundation.org](http://www.truebotanicafoundation.org) or call 1-800-315-8783

## 2011 Center for Anthroposophy Summer Renewal Courses



After a record enrollment last summer, plans are now complete for the summer 2011 Renewal Courses, which will mark the 150th anniversary of Rudolf Steiner's birth with a first appearance by Virginia Sease from the Goetheanum. Virginia will be giving a course entitled: "A Celebration of the Life and Work of Rudolf Steiner after 150 Years"

Other guest faculty will include the author and artist Van James from Hawaii, who will offer a new drawing course to support teachers from Grades 1 through 12. He'll also devote an evening to Rudolf Steiner's celebrated "Blackboard Drawings".

Christof Wiechert, who led a popular seminar on the child study during our most recent Renewal Courses, will return this summer with a course entitled: "Healing aspects of the Waldorf Curriculum", as will Aonghus Gordon and his skilled team of craftsmen from Ruskin Mills in England who will be presenting "Recreating the Human Vessel: Educating through Rhythm and Craft". Other presenters include: Van James, Douglas Sloan, Georg Locher, Tobias and Johanna Tuechelmann, Jennifer Greene and many others.

**The dates for the Renewal courses are:**

**Week I: Sunday 26 June – Friday 1 July 2011**

**Week II: Sunday 3 July – Friday 8 July 2011**

To join our mailing list and receive our 2011 brochure describing all of the Renewal Courses, contact the CfA office by phone at (603) 6542566, or by e-mail at info(at) www.centerforanthroposophy.org. Brochures are available on our website as well as the Society's website: [www.anthroposophy.org](http://www.anthroposophy.org) under Events.

*Editor's Note: At the suggestion of Cheri Whitted-Bowers, we are encouraging our readers to take note of the course given by Rob Bower's Uncle, Douglas Sloan, during Week One of the conference: It is entitled: "Encountering Evil: Exploring the Task of our Time":*

This course will explore what Rudolf Steiner described as one of the most critical tasks facing human beings now and into the future: understanding, overcoming, and transforming evil. This is a daunting task, given the extent and force of evil in its modern guises. A first step is to attempt to understand better the origin and nature of evil—in ourselves and in the world—and to identify some of the spiritual resources available to help us in this task of transformation. We will be guided in our explorations by the work of Rudolf Steiner, as well as by the insights of others.

**Suggested readings by Rudolf Steiner:**

***Lucifer and Ahriman; The Incarnation of Ahriman; Love and Its Meaning in the World***

**Suggested reading by Hans-Werner Schroeder:**

***Necessary Evil: Origins and Purpose***

This course will include Eurythmy with Cezary Ciaglo.

**DOUGLAS SLOAN** is Professor of History and Education Emeritus at Teachers College, the graduate school of education at Columbia University, where he taught for more than thirty years. During that time he was also Adjunct Professor in Religion and Education at Union Theological Seminary and The Jewish Theological Seminary and served as the coordinator of a program in religion and education that Teachers College conducted in cooperation with the two seminaries. Among his books are: *Insight-Imagination: The Emancipation of Thought and the Modern World* and *Faith and Knowledge: Mainline Protestantism and American Higher Education*. Recently he has written introductions to A.C. Harwood, *The Recovery of Man in Childhood* (Second Edition, The Myrin Institute, 2001) and to *Re-visioning Society and Culture*, a special issue of *The Journal for Anthroposophy* (#77, Spring 2007). He is currently conducting a research project on anthroposophy and our responsibility for animals.

*If this topic interests you and you cannot attend the Conference, how about we ask Douglas Sloan to come here for a weekend Workshop? If this idea appeals to you, please let the Board know and we will see what we can do. – Kathleen Wright*

## FUNDS NEEDED FOR CHINA SCHOLARSHIPS

*Tammy Hughes sent us the following message about the need for funds in order that two Waldorf teachers in China may attend a Waldorf teachers' conference in India. Such activities are vital if Anthroposophy and Waldorf education are to grow in China. Please help support this cause if you can. Simply send a check made out to "ASNC" and in the earmark line write "Waldorf China Fund". Either give it to Peg Carmody or mail c/o Peg Carmody to ASNC, PO Box 16024, Chapel Hill, NC 27516. Many thanks in advance for your generosity.*



as well as the higher costs of the actual conference. In addition, the travel funds from international organizations are much lower than in previous years.

The importance of this kind of conference for individuals from Mainland China cannot be underestimated, especially in times when the teachers are working very hard to develop a new education in a country which is undergoing great change. The conference gives the teachers a great opportunity to study, exchange ideas with others who are working with similar issues and experience many other cultures.

I am working to raise money for The Nan Shan Waldorf School, which is a developing Waldorf School in Beijing. The school began in the Fall of 2009 with a small first grade, which included a very special project of supporting three students from Guizhou, a poor southern province. The school then combined with another initiative, The Rainbow Group, which included a home kindergarten, and a very



Dear Friends:

In late April and early May of this year, many teachers and Anthroposophists from the Asia-Pacific region will meet in Hyderabad, India for The Asia-Pacific Anthroposophical Conference and Waldorf teachers' meeting. These events are a wonderful opportunity to meet other like-minded individuals and colleagues. The events are held every two years in different countries in the region. The last two, which were held in The Philippines and Thailand were very well attended by mainland Chinese teachers and individuals working to support the development of Waldorf education. As the next meeting approaches, the Chinese attendance will be much lower due to the growing financial needs of the kindergartens and schools,

as well as the higher costs of the actual conference. In addition, the travel funds from international organizations are much lower than in previous years. The importance of this kind of conference for individuals from Mainland China cannot be underestimated, especially in times when the teachers are working very hard to develop a new education in a country which is undergoing great change. The conference gives the teachers a great opportunity to study, exchange ideas with others who are working with similar issues and experience many other cultures. I am working to raise money for The Nan Shan Waldorf School, which is a developing Waldorf School in Beijing. The school began in the Fall of 2009 with a small first grade, which included a very special project of supporting three students from Guizhou, a poor southern province. The school then combined with another initiative, The Rainbow Group, which included a home kindergarten, and a very active teacher and adult education program, which included week-long courses, weekend courses, study groups, craft groups and a library including books on Waldorf education and anthroposophy. Currently, Nan Shan Waldorf School has a home kindergarten, an on-site kindergarten, first grade, second grade, and seventh grade.

The adult and teacher training is a separate organization, which works closely with the school. The development of the school is going well, but faces many challenges as the teachers and parents work hard to build the school community while learning about Waldorf Education. In addition, the school is looking for a permanent home in the Beijing area. The school has many individuals who

have given tirelessly for the well being of the school. One very special individual is Huang Ming Yu, a

publisher, who is currently balancing teaching second grade and running a publishing company, which actively supports the education through publishing books on anthroposophy and Waldorf Education. The other individual is Kathy Hu, who is actively involved with hosting teachers, arranging teacher trainings and administrative tasks in the Nan Shan office as well as anything else needing to be handled. I encouraged Kathy and Ming Hu to attend the conference in India, but given their modesty and their commitment to the work at the school, they thought they weren't worthy and didn't have time. After talking with them about the importance of representing their school, they are willing to go. I have managed to raise a large portion of the money they need; however, I need to find raise \$900. Contributions in any amount would be greatly appreciated.

Love,

*Tammy Hughes*

(Pictures are from The Chinese New Year Assembly: first grade playing recorder, and teachers singing).

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## Steiner documentary Needs more Contributions

Last year, we reported in the *Sophia Sun* that British documentarian Jonathan Stedall was in the process of filming a two-part documentary about the life and legacy of Rudolf Steiner and that it is to be called "The Challenge of Rudolf Steiner". While there have been some contributions, not enough has been raised to complete the project. This is a very important endeavor and it has been the lifelong dream of Jonathan Stedall to create a documentary about the greatest genius of the 19<sup>th</sup> century – Rudolf Steiner. It is hoped that this film will have a wide distribution, resulting in that the general public will finally learn about Steiner and his many contributions to humanity. If you can help, please go to the website: [www.rudolfsteinerfilm.com](http://www.rudolfsteinerfilm.com) for instructions on how to make a donation. Thank you.

## European Documentary about Steiner Found on Youtube

Meantime, Robert Mays reported to our list-serve that he spotted on Youtube a two-hour documentary about Steiner called "Adventure Anthroposophy" (Abenteuer Anthroposophy) that was made in Europe and is in German (but it has English subtitles). The link to it is:

<http://www.youtube.com/watch?v=O4bdvFvfQ94> -- part 1

<http://www.youtube.com/watch?v=d5JeVo0hJwI> -- part 2

Check Out [www.whywaldorfworks.org](http://www.whywaldorfworks.org) for fascinating articles and updates on Waldorf education, e.g. There is a film about how Prime Minister Putin went to a Waldorf School in Russia to give a "Teacher of the Year Award" to a Waldorf teacher!

## Book Review: Praise for Gary Lamb's Latest Book: *Associative Economics: Spiritual Activity for the Common Good*

By Ronald Milito

Thanks to Gary Lamb's new book, I can sleep a little better at night. With the publication of *Associative Economics: Spiritual Activity for the Common Good*, I finally have a comprehensive rendition of Rudolf Steiner's social thinking that I can give to friends and workers in the social sphere that is not only a clear and accessible introduction to Steiner's works, but which also links these ideas to current issues and social struggles. Steiner exhorted his students to never despair over indifference to or rejection of what he called the primal social thoughts. Rather, he encouraged them to think again how these ideas might be better expressed so as to inspire confidence. In this regard, Lamb has made significant progress. In the mere space of 136 pages, he not only gives a clear picture of what threefolding is all about, but he also points to its esoteric foundation, which includes the fundamental social law. Those unwilling to accept such foundations or who are skeptical of them need not turn away — they can still work with the purely cognitive principles which Steiner published in his non-esoteric 1919 book, *Towards Social Renewal*.

On the other hand, economists who have come to recognize the importance of a spiritual foundation such as David Korten and John Perkins, will find such a basis in Steiner's Spiritual Science, which underlies the fundamental social law. The heart of this law — cooperation, mutual aid, and concern for others — counters the present-day mantras of self-interest and economic competition, which have a widespread stranglehold on economic and political thought today. With the same ironclad necessity as a law of physics, self-interest must inevitably wreak poverty, misery, and suffering somewhere in the world. In contrast, working for one's fellows must inevitably raise the well-being of all — the real way to get all boats to rise. Those who value Christianity must surely see that the answer to the question, "Am I my brother's keeper?" is given by the parable of the Good Samaritan, not by "enlightened" self-interest and "trickle-down."

How a Christian-based western society drifted so far from the obvious answer is a question for serious contemplation, but *Associative Economics* points out a clear and practical path for the realization of the goal so many long for. However, one need not profess Christianity or any religion for that matter to take up this path to social healing and justice. Regardless of one's level of sophistication, it is possible to find something of value to assist his or her endeavors be it in health care, housing, education, labor, job creation, racial equity, human rights, environment, money and finance, economics, or government. Some progressives have called for building a consensus platform or narrative that can counter the monolithic force working against the common good. I think Lamb may have just provided them with what they are looking for.

It should also be noted that Lamb is not writing from some utopian ivory tower, but has tested these ideas over many years of practical experience in manufacturing and retail management, fundraising for education, establishing and running a privately funded school voucher program; co-founding, editing, and writing for *The Threefold Review* magazine; writing two earlier books (*The Social Mission of Waldorf Education* and *Wellsprings of the Spirit*); developing and teaching an economics course for Waldorf Schools, co-founding the Social Renewal Foundation as well as the Institute for Social Renewal, and is currently a researcher at the Hawthorne Valley Center for Social Research. His selfless work for others rather than monetarily enriching himself through his efforts serves as a living example of the fundamental social law and should inspire all good-willed persons seeking fresh ideas to further their social efforts. Here they will find ideas with the strength to break through the social equivalent of concrete.



## Book Review by Linde and Owen de Ris on *The Healing Power of Eurythmy* by Truus Geraets

*(Editor's Note: This book is currently out of print. It is only available on CD or as an e-Book. See below about ordering.)*

The subtitle: "Art of Living, practiced worldwide in different cultural settings" indicates the general direction of this truly valuable book. It is full of wisdom and lifelong experience. Truus's source and solid foundation for creating is Eurythmy, and with it, a deep understanding of the human being. Her own training goes back to first generation Eurythmists and Curative Education in Europe. She is a uniquely original individual (as we all are!) who dares to speak and share her long life experience, filled with empathy and love.

The book is by no means a recipe book, but rather a workbook with rich self-study material for everyone. It inspires, stimulates, and encourages our own creativity. The organized table of contents and catchword register with categories for Medical Doctors, Eurythmists, Social Workers, Therapeutic Eurythmists, Teachers, Kindergarten Teachers, Curative Educators, Parents and (even us) Grandparents, make the book an easy reference for all. We suggest this book can be available in training centers, school libraries, doctor's offices and waiting rooms, and even our coffee tables.

No matter where you live or work with people, young or old, in any situation ***The Healing Power of Eurythmy*** shows by example how to engage with an open mind. This book is a gift, beautifully presented, including color-studies for the spoken sounds. Truus Geraets awakens our awareness for the wonders of life. Look at the color studies well and use them as an incentive to create your own pictures for all your Eurythmy.

***The Healing Power of Eurythmy*** now available in CD-form

To order copies, contact Truus by e-mail at [artofliving1@yahoo.com](mailto:artofliving1@yahoo.com) or phone: 949 646 6392.

CD \$12.- plus \$4.- s/h,  
individual color plates on photo paper \$8.- plus \$3.- s/h  
CD plus 5 color sheets of choice \$35.- plus \$7.- s/h/.

Send order plus check made out to:  
G. Geraets  
2201 Pacific Ave. A2  
Costa Mesa, CA 92627

Comments on ***The Healing Power of Eurythmy*** from readers:

"I am very excited by your approach",  
(Seth Morrison)

"I recommend this book very highly. I especially value your emphasis on the need for Courage"  
(Dr. Philip Incao)

At the request of many, I offer ***The Healing Power of Eurythmy*** (ISBN-10 3-033-00776-7) now as an e-book. The letter drawings (miniatures in the book) can now be ordered separately (see order sheet in between jacket and comments pages) ; go to:

Website: [www.healingartofliving.com](http://www.healingartofliving.com)

E-mail: [artofliving1@yahoo.com](mailto:artofliving1@yahoo.com)

## HOW YOU CAN HELP NEW ZEALAND

Requests have been coming in from Anthroposophists all over the world about how they can help the people of New Zealand who have been devastated by the massive earthquake last week. Just as we were going to press this came in from the Federation of NZ Steiner Schools:

“We are trying to shift traumatized parents and families to the North Island Steiner Schools who have offered homes and places in their school. The fund raising we need is to fly them there. IF you want to do some fundraising, which would be very lovely of you, the Federation of NZ Steiner Schools has set up a bank account...Send a check make out to the **Federation of NZ Steiner Schools, c/o Mark Thornton, 655 Findlay Rd. Miranda 2473, New Zealand** or make a direct deposit into account 06-0457-0114198-00. You may write to Mark for further instructions at [Steiner.federation@gmail.com](mailto:Steiner.federation@gmail.com)

## steiner's indications about earthquakes

(excerpted from the lecture "Mephistopheles and Earthquakes" given January 1, 1909 in Berlin, GA 0107 from the book *The Deed of Christ and the Opposing Spiritual Powers*)

“Then we come to the sixth stratum, the “Fire Earth”, containing as “substances” within it, forces that can bring about terrible havoc and destruction. It is actually into these forces that the primordial Fire has been banished. In and from this stratum the realm of Ahriman operates — in a material sense.

What manifests in the phenomena of outer nature, in air and water, in cloud formations, in lightning and thunder — all this is, so to speak, a last vestige on the earth's surface, of forces that were already connected with ancient Saturn and separated from the earth together with the sun. By what is working in these forces, the inner fire-forces of the earth are placed in the service of Ahriman. There he has the center of his activity; and whereas his spiritual influences make their way to the souls of men and lead them to error, we see how Ahriman — in a certain respect shackled — has certain foci for his activity in the interior of the earth.

Were we to understand the mysterious connections of what has come to pass on the earth under Ahriman's influence and what Ahriman's own karma has become in consequence of this, we should recognize in the quakes and tremors of the earth the connection between such grievous, tragic happenings in nature and the power that holds sway on the earth. These manifestations are something that has remained since ancient times as a reaction on the earth against the good Beings of Light.

Thus forces allied with the Beings who were thrust away from their connection with the earth at the time when the good Beings of light established the beneficent phenomena around the earth-globe, are active, and in a certain sense we can recognize the echoings of these fire-forces which in earlier times were withdrawn from man's control, in what is wrought by fire in such terrible manifestations of nature. Although the karma of Ahriman has been linked with that of humanity since the time of Atlantis, the suggestion should not arise that any guilt is to be attributed to those who are victims of what Ahriman's karma has evoked.

Such happenings are connected with the collective karma of humanity in which the individual has also to share. The causes which produce their effects in particular localities as the workings of Ahriman's karma often lie somewhere else entirely. It is however these particular places which afford the necessary opportunity. There we see a connection, which seems to be like a relic of catastrophes undergone by humanity in the far distant past. The power to work upon fire which man had formerly possessed, was withdrawn from him.

Hence, ancient Lemuria was brought to its destruction by the fire of the passions of men. The same fire that is now below was then above; it receded from the earth's surface and the same fire that issued as a kind of extract from the primordial fire is the inorganic, mineral fire of to-day. So too it was with the forces working through air and water which, again by way of the passions of men, led to the Atlanteancatastrophes. These catastrophes were evoked by the collective karma of humanity but a relic has remained and this relic awakens the echoes of those earlier catastrophes. Our volcanic eruptions and earthquakes are nothing else than the echoes of these catastrophes. “

*(Editors Note: For the complete lecture, you may go online to the the Steiner archives, or request an electronic copy from Kathleen Wright at [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) or for a hard copy, send \$1.50 (for printing and postage fees) to Kathleen Wright, 4615 Greenglen Dr., Durham, NC 27705)*

# Rosslyn Chapel, the Kabbalah and Rudolf Steiner: A Lecture by Peter Snow on February 16, 2011

By Kathleen Wright



We were honored by an impromptu visit by Scottish, author, teacher and storyteller Peter Snow last month during which he offered a fascinating talk for our community entitled: "Rosslyn Chapel, the Kabbalah and Rudolf Steiner". About 25 persons attended, which was great considering the short notice about the lecture. It was held in the Eurythmy Room at the Emerson Waldorf School.

Peter began his lecture by telling us that he has been doing research on how the **Kabbalah** manifests in Rosslyn Chapel. In 2009 his book **Rosslyn Treasury: Stories and Legends form Rosslyn Chapel** was printed by Floris books. He hopes to write another book when his research is complete.

Peter lamented that Rudolf Steiner never visited Scotland, but says that he knows Steiner would have loved it there, especially the sacred sites of Iona, Rosslyn Chapel and the Rosicrucian Gardens near Aberdeen. Nevertheless, some of Steiner's research can be applied to Rosslyn, for example his research on the Templars and the Kabbalah. The Templar influence at Rosslyn is undisputed, and has recently been made famous by Dan Brown's **DaVinci Code**. Snow made it clear he does not approve of the book, and told an amusing anecdote about how when the throngs of tourists began flooding Rosslyn after the DaVinci Code movie came out, a horse farmer who owns the land immediately adjacent to the Chapel hung up a sign on his fence that read "DaVinci Manure for sale!"

Peter gave a brief history of the chapel and its connection with the Sinclair family who are reputed to be Freemasons. Freemasons claim to be descendants of the Templars. The Chapel began in 1446 and was completed 40 years later, the same number of years it took for the Temple of Solomon to be built.

Many believe that the Holy Grail or the Templar Knight's treasure is hidden at Rosslyn. There is speculation about the "Apprentice Pillar" being the portal to the sacred relic or treasure that lies under it. Peter Snow believes that such thoughts are erroneous and that the Holy Grail is a "Path of inner development" not a golden chalice under the ground. Snow gave a very brief history of the Knights and said that following their defeat by Philip Le Beau in 1307 in France, some escaped to Scotland. They are credited with winning the Battle of Bannockburn in 1314 for Robert the Bruce where they defeated the evil Edward II, allowing Scotland to remain independent of English rule.

There are five sacred symbols of the Templars in Rosslyn Chapel: The Dove in Flight, the Pentagram, the Veil of Veronica, the Agnus Dei (Lamb of God) and the "Disembodied Hand". Snow talked about the relationship of the Templars to the Cathars, the Manicheans, and the Temple of Solomon (much of this is covered in great detail in his book).

Snow pointed out the interesting fact that the proper name for Rosslyn Chapel is "The Collegiate Church of St. Matthew". It is very interesting that the Church would have allegiance to St. Matthew, because it is in the Matthew Gospel that Jesus's lineage is traced to Solomon, and Solomon is of great interest to the Templars. In fact, legend has it that Rosslyn is a copy of the Temple of Solomon. (Peter mentioned that the authors Christopher Knight and Robert Lomas (**The Hiram Key**) believe that it is an exact replica, but Peter believes that although it has much in common, it is not an exact replica. At the entrance to Rosslyn is the head of Hiram Abiff, the builder of Solomon's Temple.

How do the Templars tie in with the Kabbalah? Well, one of the Templars, Comte de Champagne had a Kabbalistic school. Interestingly, Steiner's book on **The Gospel of St. Mathew** talks a lot about the Kabbalah. Steiner also spoke about the Kabbalah in a lecture to the Workmen given in 1924. One of the

main teachings of the Kabbalah is about the 10 Sephiroth and the “Sephirothic Tree” or Tree of Life as it is also known. Peter had on display several charts of the 10 Sephiroth and he demonstrated the correspondences between the Sephora, the 9 Hierarchies of Angels (with Man to become the 10<sup>th</sup>), the Planetary Spheres, The Ten Commandments, the décor in Rosslyn Chapel, the main organs of the Human body, the spiritual bodies Steiner has written of, and with the 9 Beatitudes. The Nine Beatitudes, by the way, are written of in the Matthew Gospel as well as in Steiner’s book on it.

A bit of Kabbalah history was given: It developed in Spain in the 13<sup>th</sup> Century when a group of Jewish mystics wrote down their revelations. A Christian esoteric tradition of the Kabbalah also existed and its teachers include: Piero de la Mirandola, Ramon Lull and Robert Fludd. Fludd took the kabbalistic Tree of Life and created a mirror image of it, which is interesting since in Christian Churches one enters from the West and the high altar is in the East, while In Jewish synagogues, one enters from the East and heads west for worship. Fludd also made a correspondence of the Tree of Life to the human body.

Peter Snow mentioned that he had struggled for a long time trying to make the décor in Rosslyn to “fit” the kabbalah Tree of Life but that it didn’t work until he read Steiner’s Gospel of St. Matthew. Steiner also reversed the Sephora as Fludd did and then the correspondences made sense.

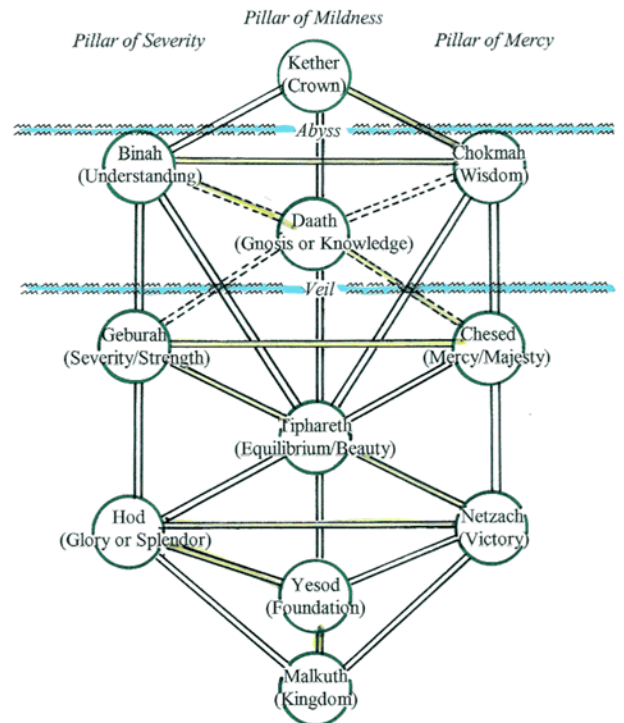
More interesting correspondences came to light when Peter talked about Jeshu ben Pandira, a member of the Essenes or Therapeuti, whom Steiner wrote about in his Gospel of St. Matthew. Jeshu lived 100 years before Jesus. He preached of the coming of the “One who will bring the 9 heavenly attributes into the realm of the active ego”. What is meant by this?: That Christ passed through the 9 hierarchies and brought something from each to the earth. By coincidence (or was it?) Matthai was the name of the pupil of Jeshu ben Pandira who wrote of his Master (who was martyred) and Matthew was the Disciple of Jesus who wrote about him, who was the fulfillment of Jeshu’s prophecy. What are these 9 attributes of the One? Peter Snow realized when doing his research that they are the 9 Beatitudes, which are written of in the Gospel of St. Matthew. Peter Snow went into

great detail about how these Beatitudes correspond to various décor around the Chapel such as: “Blessed are the merciful for they shall obtain mercy” corresponding to the Angel on the cover of Peter’s book which is holding the heart of Robert the Bruce in its hands (more on this legend in Peter’s book). He says this also corresponds to the Intellectual Soul.

The Essenes passed their teachings on to the Templars. The Cistercian monks are also connected to them.

Peter said in conclusion that Rosslyn Chapel points to the Past and the Future with the Grail in the Center. Peter had available his two books: **Rosslyn Treasury** and **The Shifty Lad: And the Tales He Told**: Celtic Fold Tales, which he autographed for those who made purchases. It was a great talk and we look forward to Peter’s next book!

Peter Snow is a gifted storyteller and member of the Scottish Registry of Storytellers. He has been teaching English, Philosophy and Drama at the Edinburgh Rudolf Steiner School for 28 years. Prior to his teaching career, he had a wide variety of occupations including: social worker, psychiatric nurse and goatherd! He is married and has two grown children



# Directory of Anthroposophical Initiatives in North Carolina

## Branches

### **The Rudolf Steiner Branch (NC) of the Anthroposophical Society in America**

Serving Chapel Hill, Durham, Hillsborough, Pittsboro, Cedar Grove, Mebane and Raleigh

P.O. 16024

Chapel Hill, NC 27516

[www.anthroposophync.org](http://www.anthroposophync.org)

#### **RSBNC Board:**

President: Peg Carmody 919-537-8142; [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com)

Vice President: Nancy Willson 919-493-1091; [nancywillson@myfrontiermail.com](mailto:nancywillson@myfrontiermail.com)

Secretary: Kathleen Wright 919-309-9622; [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com)

Treasurer: Peg Carmody

Newsletter: *The Sophia Sun* (monthly 9 times per year)

Email: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)

## Groups

**Asheville:** Todd Crowe 828-216-3226; [oddwitha\\_t@hotmail.com](mailto:oddwitha_t@hotmail.com)

Website: [www.azaleamountain.org](http://www.azaleamountain.org)

**Greensboro:** Sandy LaGrega – 336-292-7947; [sunsan52@aol.com](mailto:sunsan52@aol.com)

**Wilmington:** Anna Bowman - 910-338-0833

Alicia Marroquin - 910-874-7200; [maritimeabbey@gmail.com](mailto:maritimeabbey@gmail.com)

**Winston-Salem-Yadkin Valley** - Sarah Putnam- 336-972-8243; [sputnam01@att.net](mailto:sputnam01@att.net)

Beth Bean - 336-942-8068

## Education

### **Emerson Waldorf School (N-K-12)**

[www.emersonwaldorf.org](http://www.emersonwaldorf.org)

6211 New Jericho Rd.

Chapel Hill, NC 27516

Administrator: Joanna Andruscavage

Main Office: 919-967-1858

High School Office: 919-932-1195

Early Childhood office: 919-967-3362

### **Foundation Year Studies at the Emerson Waldorf School**

(sponsored by the Center for Anthroposophy in NH)

Contact: Claire Viadro 919-967-8215; [Viadro@mindspring.com](mailto:Viadro@mindspring.com)

### **Home Nursery School Association (serving Durham, Chapel Hill and Hillsborough)**

(There are currently 7 home nursery programs that utilize Waldorf principles)

Contact: Marie Nordgren 919-544-8748; [amnordgren@aol.com](mailto:amnordgren@aol.com)

### **School of Spiritual Psychology**

Benson, NC

[www.spiritualschool.org](http://www.spiritualschool.org)

Robert Sardello and Cheryl Sanders-Sardello, Directors

### **Azalea Mountain Morning Garden (serving Asheville)**

Contact: Kate Reese or Maria Allen 828-505-1350; [www.azaleamountain.org](http://www.azaleamountain.org);

**Azalea Mountain School K-4, a Waldorf-inspired school plans to open in the Fall of 2011.**

(see website for more info at [www.azaleamountain.org](http://www.azaleamountain.org))



## Medical

### **Mark Eisen, M.D., anthroposophical family medical practice**

900 MLK Blvd., Chapel Hill, NC 27514, 919-967-9452; mjepactic@aol.com

**Jubilee** – offering Anthroposophical books, Weleda remedies and toiletries, Dr. Hauschka cosmetics, True Botanica remedies, at the medical practice of Dr. Eisen

**Margaretta Bornhorst, R.N.** anthroposophical nurse; Rhythmical massage practitioner, 919-824-7337; healingrhythms@gmail.com

**Divine Rose** - Cory Roth, NC licensed/certified Dr. Hauschka esthetician; offers Dr. Hauschka facial treatments and make-up sessions; contact: 919-933-4748; Divinerose55@gmail.com

## Biodynamic Farms

**Whitted-Bowers Farm** - Demeter certified – specializing in fruits and vegetables; 8707 Art. Rd., Cedar Grove, NC 27231; 919-732-5132; Rob and Cheri Bowers, owners

**Infinity Farm** – uses biodynamic methods; organic goat milk, grass fed meats; organic eggs; vegetables. Jon Lyerly, director 919-357-7453; jlyerly2@gmail.com; 1600 McDade Store Rd., Cedar Grove, NC

## The Arts

**Eurythmy** - Eve Olive - 919-489-2564; eveolive@frontier.com  
Ann Calloway – 919-403-8678 callaway.lonaann@gmail.com

**Werbeck Singing** - Joanna Carey – 919-403-7060

**Lyre Music**- Joanna Carey – 919-403-7060  
Suzanne Mays – 919-929-1073

### **School of Choreocosmos, Sophia Grail Circles**

Kelly Calegar - [www.eastcoastschoolofchoreocosmos.com](http://www.eastcoastschoolofchoreocosmos.com)

Marlene Joyce – mjoyce126@bellsouth.net

## Christian Community

A Christian Community priest visits our Congregation bi-monthly. Currently, Rev. Carol Kelly and Rev. Patrick Kennedy are the priests we share with the Washington D.C. parish.

**Contact:** Linda Folsom, Steering Committee member, 493-8323. lfolsom@nc.rr.com

Website: [www.christiancommunitync.org](http://www.christiancommunitync.org)

## Anthroposophical Lending Library

The Phoenix Library, Chapel Hill, NC 27517

Contact: Judy Frey 919-928-8749; damaris12@nc.rr.com



**The Rudolf Steiner Branch (NC)**  
 Of the Anthroposophical Society in America  
 P.O. Box 16024  
 Chapel Hill, NC 27516

[www.anthroposophyNC.org](http://www.anthroposophyNC.org)

## The Sophia Sun

**Editor.....Kathleen Wright**  
**Calendar.....Linda Folsom**

**The Sophia Sun** is the newsletter of the Rudolf Steiner Branch (NC) of the Anthroposophical Society in America, a 501(c)3 non-profit organization. It is published 9 times a year (no issues in Jan., July and Aug.). Members are encouraged to view the newsletter electronically by visiting our website [www.anthroposophyNC.org](http://www.anthroposophyNC.org). If you wish to receive the newsletter by email, please write to the editor at: [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com) **Note:** On line, the newsletter is in color; mailed copies are in black and white. To receive the newsletter by Postal service please contact the editor. **Cost is \$20. a year for members and \$40 for nonmembers.**

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Please send UNFORMATTED text as a Microsoft Word document to [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com). Articles should not exceed 3 pages in length, and preferably should be 1-2 pages long.

**Ads for goods and services:** Dues-paying members of the Rudolf Steiner Branch are entitled to one free ad per year (quarter of a page). Please contact the editor for rates if you are not a member and wish to place an ad. If you have any questions, please contact: **Kathleen Wright, at 919-309-9622 or 919-672-0149 or email her at [sophiasun@peoplepc.com](mailto:sophiasun@peoplepc.com)**



**Anthroposophy**, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). **Rudolf Steiner** was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditator, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement,

anthroposophical medicine, biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at [www.anthroposophy.org](http://www.anthroposophy.org) or our local website at [www.anthroposophyNC.org](http://www.anthroposophyNC.org)