



# *The Sophia Sun*

*Newsletter of the Anthroposophical Society  
in North Carolina*

**October 2009**

**Volume II, Number 7**

## **The Virtue For October (LIBRA)**

**CONTENTMENT BECOMES EQUANIMITY**

*(Opposites: foolishness, complaining, dissatisfaction)*

Worlds are sustaining worlds,  
And being feels self within being.  
Existence encloses itself in existence.  
And being gives rise to being  
To pour out deeds in becoming,  
In resting world-enjoyment.  
Oh worlds, uphold the worlds!  
*Rudolf Steiner*



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Logo: "The Woman Clothed With the Sun" by Baron Arild  
Rosenkrantz (1870-1964)

## MICHAELMAS 2009 - September 26, 2009 at EWS



Melanie Maupin, Suzanne Mays and Peg Carmody lead the Michaelmas songs.

Participants enjoy a Pot Luck Dinner. Twenty-five people attended our Michaelmas Festival. It was wonderful to welcome so many new faces, especially Wadorf teachers, as well as seeing folks we haven't seen in years. Welcome back!



Marlene Joyce stands by her display of the *Green Snake and the Beautiful Lily* prior to her presentation.

Marlene moves the Will 'o the Wisps onto the stage. In addition to Marlene's presentation, Kathleen Wright gave a talk about the Theme of the Year, which is written up on page 9.



## ASNC and Initiatives, Oct 1 – Oct 31, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>For information about events, or to add events for upcoming months, please email: <a href="mailto:lfolsom@nc.rr.com">lfolsom@nc.rr.com</a>, or phone Linda Folsom at (919) 493-8323, or mail to 3118 Dixon Rd, Durham, NC 27707.</b></p> <p>Next calendar will be in November, 2009. Items for that calendar should be sent by Tuesday, Oct 20, 2009</p>						
				<b>1</b> Asheville Steiner Study Group-7p	<b>2</b>	<b>3</b>
<b>4</b> Asheville Soul-weaving Study Group-2p  Fifth Gospel Study Group-3:30p  W/S-YValley SG-6p  Greensboro SG-7p	<b>5</b> CC Steering Committee-12:30p  ASNC Festivals Committee-7:15p  Pittsboro SG 7:30p	<b>6</b>	<b>7</b> Rose Cross Study Group-1:30p  Biodynamic Study Group-7p  Wilmington Study Group-7:30p	<b>8</b> Asheville Biodynamic Study Group	<b>9</b> NDE course-Transformed into Life  Stephen Usher conference begins 7:30p	<b>10</b> Stephen Usher Conference 9:30 a-9:00p
<b>11</b> Meeting of the First Class-10:45a (Review-9:30a)  Usher Conference 3-5p  Fifth Gospel Study Group-3:30p  W/S-YValley SG-6  Greensboro SG-7p	<b>12</b>	<b>13</b>	<b>14</b> Rose Cross Study Group-1:30p  Wilmington Study Group-7:30p	<b>15</b> Asheville Steiner Study Group-7p	<b>16</b> CC-Christian Community 101-7:30p	<b>17</b> CC Priest Talk-7:30p
<b>18</b> CC Children's Service-9:30a; Act of Consecration of Man-10:30a  Asheville Handwork Group-2p  Fifth Gospel Study Group-3:30p  W/S-YValley SG-6  Greensboro SG-7p	<b>19</b> Pittsboro SG 7:30p	<b>20</b>	<b>21</b> Rose Cross Study Group-1:30p  ASNC Board Meeting-7:15p  Wilmington Study Group-7:30p	<b>22</b>	<b>23</b>	<b>24</b> Asheville Biodynamic Study Group-10a
<b>25</b> Fifth Gospel Study Group-3:30p  W/S-YValley SG-6  Greensboro SG-7p	<b>26</b>	<b>27</b>	<b>28</b> Rose Cross Study Group-1:30p  Wilmington Study Group-7:30p	<b>29</b>	<b>30</b> <b>Air Beneath Your Wings Conference in Spring Valley (see p. 16-18 for details)</b>	<b>31</b> Chapel Hill Biodynamic Study Group Hands-On Gathering-10a

## Calendar Details: October 2009

### ASNC

Oct 5, 7:15p – **ASNC Festivals Committee** meets at the home of Margareta Bornhorst. Please join us if you are interested in continuing to bring the Festivals to our community. Call Margareta at 824-7337

Oct 11, 9:30a – **The School for Spiritual Science, Meeting of First Class.** Review of last lesson at 9:30a, 10:30 AM Class Lesson. For more information please contact Suzanne Mays at 919-929-1073 or [suzannemays@gmail.com](mailto:suzannemays@gmail.com)

Oct 21, 7:15pm - **ASNC Board Meeting** – Meeting at the home of Peg Carmody. Contact one of the Board members for more details: Peg Carmody, (919) 768-7470\_or [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com); or Kathleen Wright, (919) 309-9622 [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com) To contact the ASNC: PO BOX 16024, Chapel Hill, NC 27516.

### Christian Community

Oct 5, 12:30p – Christian Community **Steering Committee meeting** at the home of Lisa Stauffer. Contact Lisa at 929-9827 for more information.

Oct 16–18 – **visit from Patrick Kennedy.** The Christian Community welcomes you to join in a weekend of fellowship. All events are free and take place at the New Hope Camp (Dining Hall) at 4805 Highway 86 in Chapel Hill. On Saturday evening October 17 Reverend Patrick Kennedy will present a talk entitled “*Heart's Power of Sacrifice: The Building of the New Human Community*” at 7:30pm. Rev. Kennedy will also lead in celebrating a religious service, *The Act of Consecration of Man*, on Sunday, Oct 18 at 10:30am. A Children’s Story Hour begins at 9:30am. A community potluck will begin at 12:00 Noon. For information, email [christiancommunity.nc@earthlink.net](mailto:christiancommunity.nc@earthlink.net)

### Other Activities of Interest:

**NDE Study Group** - Our meetings for the remainder of the year will be: November 17, December 15, January 12, February 9, March 2, April 6, May 11, and June 8. (No meeting in October: we hope you can attend one or both of the NDE Conferences in October.) At the home of Robert and Suzanne Mays, 5622 Brisbane Dr, a few miles north of Chapel Hill, just north of I-40, off Mount Sinai Road. For more information, please call us at 919-929-1073 or [mays@ieee.org](mailto:mays@ieee.org).

**Oct 9 - "Transformed Into Life: Death's Gifts" on October 9:** a day-long course on NDEs in Winston-Salem, featuring world-renowned NDE researcher Dr. Bruce Greyson, NDE researcher and IANDS President Diane Corcoran, Ph.D., and experiencer Rev. Dr. Susan Kennedy. There will also be an NDE experiencer panel including our very own member Stanley Peele. The meeting will be **the inauguration of the Triad IANDS group** which will meet in the High Point area monthly. This is a very "rich" program for a very reasonable fee: \$25. CEUs are available. **See the attached flyer.** Information: 336-713-7715.

**Register for IANDS 2009 Conference October 16-17 in San Diego:** with the theme "Transformation in the Light: helping humanity with enhanced abilities after NDEs". The [details are on the IANDS site](#). Information: 919-383-7940.

### **Choreochosmos and Sophia Grail Circles:**

Calendar for the Season. For questions or more information, call Kelly Calegar, 919-361-0691 or visit [www.eastcoastschoolofchoreocosmos.com](http://www.eastcoastschoolofchoreocosmos.com) "Thank you for your support of this healing path – Kelly".

Friday, October 16: Sophia Grail Circle, Marlene's, 6:45 pm  
(carpool leaves from EWS at 6:10)

Sunday October 18, ChoreoCosmos, EWS

Sunday November ChoreoCosmos, EWS

Friday November Sophia Grail Circle, Marlene's, 6:45 pm (carpool leaves from EWS at 6:10) Friday December Sophia Grail Circle, Marlene's, 6:45 pm (carpool leaves from EWS at 6:10)

Sunday December 13 ChoreoCosmos, EWS

#### *Please Note*

**Updates on events may be publicized by sending out an email to the asnc list serve: [asnc-list@rtpnet.org](mailto:asnc-list@rtpnet.org).**

**Please go to the ASNC website to learn how to join the list serve so that you will receive up-dates and events:**

**<http://anthroposophync.org/mailman/listinfo/asnc-list>**

## Study Groups:

### Asheville Study Groups:

**Steiner Study Group** – 1<sup>st</sup> and 3<sup>rd</sup> Thursday's, 7-9pm. We are reading *Theosophy*. Contact Marie Davis at 828-273-5647

**Soul-Weaving Study Group** for parents - 1<sup>st</sup> Sunday of the month, 2-4pm.

**Biodynamic reading group** - 2nd Thursday, reading group (book to be determined) and 4th Saturday 10-12am hands on in garden.

**Biodynamic Study Group** – The Biodynamic Study Group meets twice a month. The first Wednesday at 7 pm to read, and on the last Saturday of the month at 10 am for work mornings. Tatjana Zybin, (919) 643-2663, or [tzybin@att.net](mailto:tzybin@att.net)

**Child's Needs Study Group** - Please call Lauren Mills Nyland for further information – 968-7721, or [mills.lauren@gmail.com](mailto:mills.lauren@gmail.com)

**Greensboro Study Group** - Sunday nights, 7 pm. Contact Sandy LaGrega (336) 292-7947 or Judy Boyd (336) 454-2451.

**Pittsboro Study group** – focuses on the social question. We will be reading *Spiritual Science as Foundation for Social Forms*. The group will meet at the home of Roxanne Hollander and Ron Veitel, which is across the street from the Chatham Marketplac on the first and third Mondays of the month at 7:30 PM. Contact Jeff Barney for more information at 919-260-0066 or email Jeff at [ethiindiv@yahoo.com](mailto:ethiindiv@yahoo.com)

**Rose Cross Study Group** – Wednesdays, 2pm, at the home of Judy Granberry, 95133 Vance Knoll, Chapel Hill, NC 27517, phone 967-4671 or Judy Frey 55207 Broughton, Chapel Hill 27515, phone 928-8749. Newcomers are welcome! We are reading Steiner's lectures on Faust. Please give Judy Frey a call before attending to check the group location and time for that week.

**Staying Connected to the Dead** - study group meets on most Mondays from 3:30-5:30pm at the home of Sandy LaGrega or Jo Leeds in Greensboro. Please call Sandy at (363) 292-7947 or Jo at (336) 299-4361 for latest information about meeting place.

**Fifth Gospel Study Group** – Sundays at 3pm, at the home of Martha and Dirk Kelder, 120 Kenan Street, Chapel Hill. Phone: 942-4795. Please park as far down the driveway as you can go - no parking is allowed on the street. The Sunday Group is reading *The Fifth Gospel*, by Rudolf Steiner. We hope that everyone will feel welcome to join us.

**Wilmington Study Group** – Contact Anna Bowman, (910) 792-0959

**Winston-Salem-Yadkin Valley Study Group** – The Winston-Salem-Yadkin Valley Study Group meets from 6-8 every Sunday at the home of Sarah Putnam, 7719 Whitehorse Dr, Clemmons, NC. The group is studying *Knowledge of the Higher Worlds and Its Attainment*. This group reads all the basic books and is now reading them in earlier translations/ editions, as a way of studying them in more depth. Call 336-972-8243 or 336-766-5445 for information and directions.

*The Anthroposophical Society in America  
in Conjunction with the Traveling Speakers Program and the  
Anthroposophical Society in North Carolina Presents:*

# SPIRITUAL CHALLENGES FOR THE 21<sup>ST</sup> CENTURY

A WORKSHOP WITH STEPHEN USHER

OCTOBER 9-11, 2009

AT THE

EMERSON WALDORF HIGH SCHOOL  
In the  
BROWN ROOM



October 9, Friday at 7:30 pm

**A Reading of "The Reappearance of the  
Christ in the Etheric", Lecture One**

October 10, Saturday

9:30 -10:00 am: Registration

10:00 -12:30:

*Lecture by Stephen Usher and Discussion*

**"Christ in the Etheric and the Physical Incarnation of Ahriman"**

12:30 -2:00 pm: Lunch

2:00 - 3:30pm: **Artistic Workshops with Carol Brick and Allen  
Barenholtz**

4:00pm: Optional walk at N.C. Botanical Gardens or Duke Gardens

7:00-9:00 pm:

*Lecture by Stephen Usher and Discussion*

**"The Double and the Guardian"**

October 11, Sunday

First Class Lesson (for members of the School of Spiritual Science  
only – blue cards required)

3:00.-5:00pm

*Lecture by Stephen Usher and Discussion:*

**“The Threefold Social Organism: Exoteric and Esoteric Considerations”**

**Full Conference Fee: - \$75.  
Friday Night Reading – Free  
Saturday lunch is available for an extra \$10.  
Individual lectures \$25. each**

**Please register as soon as possible, especially if you wish to order lunch on Saturday!**

**For more information, please contact Peg Carmody at [mcarmody@nc.rr.com](mailto:mcarmody@nc.rr.com) or phone 919-537-8142**



## **About Our Presenter**

**Stephen E. Usher, Ph. D.** is an economist with expertise in money, banking and financial markets; He received his doctorate from the University of Michigan in 1978 and then served as a staff economist at the Federal Reserve Bank of NY from 1978-1980. His tenure overlapped with Paul Volcker, president of the NY Fed until President Carter appointed him Federal Chairman in August 1979. After heading the Anthroposophic Press from 1980-1988, Mr. Usher joined a premiere international firm of consulting economists (NERA) and specialized in securities and financial markets. Mr. Usher established his own economic consulting business in 1999. He has lectured hundreds of times in business, cultural and academic settings and taught economics courses at Rockland Community College in NY and at SUNY. Mr. Usher has published numerous books. Stephen lives in Austin, Texas with his Eurythmist wife Beth.



## **THE THEME OF THE YEAR: THINKING OF THE HEART AS AN ORGAN OF PERCEPTION FOR DEVELOPMENT AND METAMORPHOSIS**

*(This was given as a talk at Michaelmas by Kathleen Wright)*

This year the Eastern Regional Council made a request that each group and branch observe some aspect of the Theme of the Year at its Michaelmas celebration. As you know, the Anthroposophical Society announces its theme of the year every Easter and it is usually taken up by a community in some way the following Michaelmas. Often one of the recommended books will be taken up in branch meetings or perhaps a guest speaker will talk on the topic. For the past four years, the theme has been some aspect of "Heart Thinking". This year the specific title is "Thinking of the Heart as an Organ of Perception for Development and Metamorphosis". By "organ of perception" Steiner is of course, not referring to the physical heart, but what Eastern religions call the heart chakra or the 12-petalled lotus, a spiritual area that surrounds the heart. By "metamorphosis" he is referring to the fact that through meditative practice and character development this organ of perception evolves and develops new abilities.

This theme of "metamorphosis" whose synonym is "evolution" was chosen because this year marks the two hundredth birthday of Charles Darwin and the 150th anniversary of the publication of his book *Origin of the Species*. The whole scientific community is commemorating this event all over the world and it was felt that it was important to shed some anthroposophical insight into the theory. While Steiner felt that Darwin's ideas were one-sided and materialistic, and that the philosophy that arose out of it (natural selection and survival of the fittest) was very ahrimanic, he also said that there is a "deeper understanding of Christianity that lies in Darwinism". In other words, while Darwin had some misguided conclusions about evolution, the actual idea of evolution was extremely important, for all of Creation is evolving, even the Angels are evolving into Archangels, the Archangels into Archai, and so on. Mankind is destined to become the 10<sup>th</sup> Hierarchy of angels, the Spirits of Love and Freedom. While Darwin's theory holds that man is just a higher animal or "naked ape", an anthroposophist might call man instead an evolving angel or a "dressed angel" (as an anthroposophical book is entitled). The theme of evolution is in evidence in almost every topic Steiner addressed: spiritual development, the evolution of consciousness, the metamorphosis of plants and many others. Because there are so many topics involving evolution, several books and suggestions have been made for studying this year's theme.

These include: The book *Macrocosm and Microcosm*, which specifically talks about the development of the heart chakra; Chapter 4 of *Occult Science* which deals with the evolutions of the Earth; Chapter 5 of the same book which deals with spiritual development; "The Being of Man and His Future Evolution", "Three Streams in Human Evolution" and *The Inner Realities of Evolution*; all of Goethe's Scientific Works, especially his *Metamorphosis of the Plants*; Steiner's Mystery Dramas to observe how the characters evolve through their various incarnations. It is the latter example which we observed in our community this Michaelmas with Marlene Joyce's presentation of Goethe's Fairy Tale of *The Green Snake and the Beautiful Lily*, as Steiner was inspired to write his Mystery Dramas after reading Goethe's *Fairy Tale*. He based his characters on the archetypal characters presented in Goethe's tale. So one could say that this is the beginning of the study of those characters. This past summer Margaretta and Bruce Bornhorst hosted a Study group on *The Portal of Initiation* and hopefully, the work will continue in the coming year. *(continued on next page)*

We would like to also mention one very interesting aspect of the metamorphosis of the heart chakra which was learned in the Biography Study Group of which I was a part last year. We learned that empathy is one of the abilities that the awakened heart develops. We were amazed to hear that the word “empathy” was first coined in 1912 by a German psychologist named Theodor Lipps. (I thought it was an ancient Greek word!) The word was not used in America until 1928! This is because the phenomenon was undeveloped for centuries and then probably not recognized when it first began to manifest. It is still in its early phase, even though the word is quite common and we speak of individuals being “empaths”. While the word is related to sympathy and compassion, it is far more spiritual evolved. When you have sympathy for a person, you feel sorry for them. That puts you in a superior position. No normal person wants sympathy from others – but empathy is a totally different story. When a person has empathy, you are at one with them and therefore on equal levels. You feel what they are feeling. It is a more Christ-like virtue than sympathy. Eventually, Steiner tells us that empathy will lead us to an understanding of another person’s destiny. We will then know not only know what another is feeling, but why they are feeling it and what its purpose is. WE will feel their very destiny. This is reminiscent of the word “entelechy” which Renate Wend so often mentions. (It is the sum total of a human being with all of their incarnations.) When we have developed our hearts to that point of empathy, Steiner says that our encounters with other human beings will be actual sacraments. There is a Christian Community minister named Baruch Urieli who has written a couple of really beautiful books about the development of Empathy. Our Biography Study Group read a couple of chapters from one of them, which I highly encourage all to read. These are entitled: *Learning to Experience the Etheric World* : “Empathy, the After-image and a New Social Ethic” and “Karmic Experience, Karmic Research and the Power of Empathy”. He has also written: *Male and Female: Developing Empathy*. Both books are from Temple Lodge Press. If you would like more information, please contact Kathleen Wright at [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com) or call her at 672-0149.

Kathleen Wright

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## *Phoenix Library Continues to Grow*

Our community library, which is housed at the home of Judy Frey has acquired many new books recently: Renate Wend donated over 100 books and brochures to the library. In addition, the ASNC Board has recently purchased a copy of Bruce Kirchoff’s new book on *Emerson’s Science of the Spirit*, which will be donated to the library. Judy is working on a list of the books and will be printing them soon. Please be sure to return the books in a timely manner. Judy reports that at least 10 books are currently overdue, so please check your book shelves to see if you have forgotten to return one.

Donations to the library are always welcome, as are suggestions for new purchases for it. Be sure to also take advantage of this wonderful service our community offers to its members – borrowing anthroposophical books at no charge.

# *MICHAELMAS*

## *AND THE ECONOMIC TASKS AT HAND*

Everywhere today, in conversations and the media, we can hear questions concerning money, economics and the economy. In a recent associative economics workshop, Dr. Christopher Houghton Budd alluded to the fact that “Many economists acknowledge we may be at an economic sea change with no going back.” The old ways of perceiving money, price, and markets no longer work or are unsustainable. The economy of the world is tottering. Everyone worldwide is being schooled by economic circumstances today. Many can cite the imperfections of our present economic systems, but it is rare to find those who can apply Rudolf Steiner’s contributions to economic life to current world affairs and chart the course ahead.

As we enter the season of Michealmas, which begins on September 29th, the festival celebration day of the Archangel Michael, we can ask the questions, *What is the relationship between Michael, the human will, and money? How can we align our wills with the Archangel Michael as economic circumstances require our attention?*

### **The Beginnings of the Current Michael Age**

According to the spiritual research of Rudolf Steiner, the event foreseen by John and described in the *Book of Revelation* depicting the great war in heaven where “Michael and His angels fought and the Dragon and his angels fought” began in the 1840’s and concluded in 1879. After the dragon and his hosts are cast to the earth by Michael, from this time forward, Steiner asserts, human souls are continuously tested and tempted by these fallen spirits of darkness as they seek their influence in the subconscious depths. Steiner refers to these fallen beings as Ahriman and his hosts.

This battle in the heavenly realms occurs, Steiner observes, when the Archangel Michael assumes His rulership as Time Spirit for humanity for the next cycle of 350 years between the years of 1879 and 2229. We are now roughly one third of the way into this Michaelic Age. As the spirits of darkness are cast to the earth, Michael also releases the supersensible wisdom and intelligence of the cosmos so it can begin to enter the hearts and thoughts of human beings.

On the earth in 1879, Rudolf Steiner, in his 18th year, took up the task to redeem thinking through his seminal breakthrough experience for his book, *The Philosophy of Spiritual Activity*. In his journal, in 1879, he wrote, *Ahriman smashed*. While Michael completes his battle in the heavenly realms and Ahriman and his hosts are cast to the earth, Rudolf Steiner, as Michael’s greatest pupil, begins his life work to help humanity overcome the dragon of materialism. In 1879 Steiner forged a path to the experience of spiritual realities as he witnessed his own soul-being engaged in free thought activity. In other words, he experienced the essential nature and freedom of his “I” (that which one says “I” to) in the activity of thinking. This is an experience which can be had by all human beings. The experience of the “I”, and the recognition of its freedom of choice and creativity in thinking, can be the leverage point as a first step in the attainment

supersensible consciousness. Steiner inwardly broke through the barriers of materialistic thinking thereby *smashing Ahriman*, who would have us believe, the physical world is the only reality.

### **Countering the Spirits of Darkness**

Thirty-three and a third years after 1879, in 1912/13, two great events occurred. The first event was the first printing of the *Calendar of the Soul*. The cover of this Calendar read, *1879 years after the birth of the I*. Steiner spiritually witnessed the birth of the "I" as a new possibility for human beings in earthly consciousness in 33.3 AD: the earthly experience of death by the being of Christ becomes a Spirit-birth and new experiential possibility for all of humanity. Thirty three and a third years after 1879, and 1879 years after the birth of the I in 33.3 AD, Rudolf Steiner now delivers a Calendar with the beginnings of Michaelic cosmic wisdom detailed on every page. Verses are included, which Steiner said came *through* him, from his spiritual teacher, to accompany the human soul through the cycle of the year .

Another second event occurs on Sept. 20, 1913 when Rudolf Steiner lays the Foundation Stone - the double-pentagonal dodecahedron - for the building of the first Goetheanum down thirteen steps on the Dornach Hill. For the first time he shares with us the entirety of the Macrocosmic Lord's Prayer as the first revelation of the *Fifth Gospel*:

Aum, Amen!  
 the evils hold sway,  
 Witness of egoity becoming free,  
 Selfhood-guilt, through others incurred,  
 Experienced in the daily bread  
 Wherein the Will of the Heavens does not rule,  
 In that man severed himself from Your kingdom  
 and forgot your names  
 Ye Fathers in the Heavens. - Rudolf Steiner - Sept. 1913

A month later, in his lectures now entitled *The Fifth Gospel*, Steiner reveals that the above words describe the deep soul pain that Jesus experienced as he witnessed how human beings had severed themselves from their Divine origins. After the baptism when Christ incarnates into the body of Jesus, Christ Jesus immediately goes into the wilderness for 40 days and 40 nights. Ahriman (Satan) tempts Christ with the words, Turn gold into bread if thou wouldst boast of Divine Power. Christ answers by saying, "The human being does not live by bread alone but by every Word that proceeds from the mouth of the Logos."

Steiner recounts how this temptation was not fully overcome in that encounter by Christ in the wilderness, but pointed to a future time when our economic trials through having to work for our daily bread, would lead to the possibility of a world community of individuals who make economic choices out of brotherly Love. People at the time of

Christ did not know that they may have incurred karmic guilt in relation to what they did to earn their daily bread.

### **War and its Threefold Antidote**

Three months after the laying of the Foundation Stone, a counter-event occurs in America, when on Dec. 23, 1913, Woodrow Wilson signs into law the Federal Reserve Act, granting the right for a privately owned central bank to re-establish itself on American soil. Like a conception point, nine months later, the entire world is plunged into war. For the first time a World War breaks out in Europe - a cruel and senseless war. The consciousness was darkened among all those who were in leadership positions participating in the War.

To fight the decline in the nations of the world that were involved in the war, Rudolf Steiner sent a Threefold Memorandum given to Walter Johannes Stein, to deliver to the cabinet of the emperor Franz Joseph. The memorandum was never read. Rudolf Steiner said, *if we do not threefold, we will continue to go to war*. Steiner forwarded the cry of the French Revolution - Liberty, Equality, Fraternity - so it could be seen within the context of culture, law, and economics for human beings of all cultures and races. Steiner offered a possibility to transcend the nationalism that came to the fore instead.

If we look at the work of Rudolf Steiner in retrospect, we can see that he unfolded his public teachings in three seven year cycles, offering spiritually awakened impulses out of his own new threefold soul faculties of: thinking, feeling, and willing. Outwardly he articulated a new relationship to culture, law, and economics. For years Steiner lectured on the threefold commonwealth. In 1922 he gave the epical lecture course entitled, *World Economy*.

Now for the first time in earth evolution, an initiate would speak out of initiation science on the fundamental foundations of a new economic science. Attendants of these courses said it was the most difficult of the lectures that Steiner gave. The course lay dormant, was read by few, and seldom understood by anyone.

### **The Refounding of the Mysteries**

On New Year's Eve of 1922/23 Rudolf Steiner and his soul companion, Ita Wegman watched the burning flames consume the nearly completed Goetheanum. The building was an architectural work of art, designed by Rudolf Steiner and worked on by people from all over the world. It was to be the home of the Anthroposophical Society, which Steiner was not yet directly a part of, but was the inspirer for the Society. During the burning, Ita Wegman asked Rudolf Steiner a question, *Can the Mysteries be Refounded?* She was referring to the ancient Mystery cultures of India, Persia, Egypt, and Greece whereby the whole community was governed with insights from the wisdom of the spiritual world. This pivotal question would lead Rudolf Steiner to refound the Anthroposophical Society with the intention to lead it over to an experiential three-folding of all the new impulses arising out of his life's work. He would assume leadership and his intention was to threefold the social life emanating from the Society as an example to the world. Europe had not been able to accept the threefold impulse, but Steiner set out to three-fold the Society with the help of Ita Wegman and his closest colleagues.

One year later, between Christmas Eve and New Year's Day of 1923/24, Rudolf Steiner chose a Vorstand (we might call in the West a board of directors) and united his karma with the Society and humanity at large by becoming the President. Within the Society was the School of Spiritual Science which was intended to have three classes, relating to spiritual, rights and economics life.

### **Rudolf Steiner's Intentions for a Threefold Anthroposophical Movement**

How did Rudolf Steiner imagine the threefold Anthroposophical Movement? How did he intend to put into practice the threefold practices of spiritual/cultural freedom, equality in the political/rights life, and a collaborative brotherly-sisterly economic life?

1. The newly refounded Anthroposophical Society with its School of Spiritual Science and its envisioned First, Second, and Third Classes operated in the cultural realm where Steiner envisioned that religion, art, and science could unfold free from state intrusion. Anyone could gain general admittance to the Society who acknowledged Anthroposophy or Spiritual Science as a contribution to culture. Steiner envisioned that millions of Michaelites would join the Society as members.

If members wished to be a representative or practitioner of Anthroposophy to the public, the possibility existed to join the First Class of the School of Spiritual Science. The First Class lessons offered spiritual training to further the soul development of supersensible faculties of thinking, feeling, and willing. These developed soul faculties were intended to be a kind of spiritual armor for those who would venture forth publicly in service of the new science of the spirit. The First Class lessons were to facilitate a strengthening of consciousness that could perceive the spirits of darkness who would strive to hinder practical spiritual work in the world.

The initiation experience that was formerly only available through the precincts of the mystery temples was now accessible to anyone who sought admittance. Ita Wegman was given verbal instruction from Rudolf Steiner and was to lead the First Class with the contents that Steiner shared directly from Michaelic inspiration. Within the School would be professional sections so colleagues could find their way to one another in a spirit of collaboration. An untold number could be found within its ranks.

2. The rights relationships would be found mediating between the cultural and economic spheres in the form of the statutes and bylaws. The rights realm would be related to the Second Class of the School. The Second Class was envisioned to help members work hygienically in a spirit of collaboration. Rudolf Steiner intended that Marie Steiner preside over this center position comprised of 36 individuals forming the Second Class of the School of Spiritual Science.

3. The Goetheanum Association would actively work in the economic realm and would administer land ownership, the book business, pharmaceuticals, and other business initiatives. This Association would be comprised of a group of 12 and were to be instructed by the contents directly delivered by Rudolf Steiner in the Third Class of the School of Spiritual Science. Rudolf Steiner himself intended to preside over the Third Class with members of the Goetheanum Association.

### **Unfulfilled Intentions**

Steiner died in 1925 with only a fragment of the First Class lessons of the School of Spiritual Science completed. The second and third classes were not begun before Steiner's death. Karmic jealousies amongst the appointed leadership held sway. The Vorstand or board of directors broke. Many members who wanted to fulfill the threefold intentions of Rudolf Steiner, including Ita Wegman and Walter Johannes Stein were asked to leave the Society. Ita Wegman said, If the Vorstand breaks, the beast of the Apocalypse will rise out of the abyss. In 1933, Hitler rose to power and years later, the second World War ignited.

Unbeknownst to many members, then and now, the statutes of the refounded anthroposophical Society were rejected by the Swiss authorities and never ratified into law.

The Goetheanum Association, which lawfully should have operated from the economic realm, at an extraordinary general meeting in Dec.1924, changed its name to the General Anthroposophical Society and now operated confusingly from both the economic and the cultural realm. The economic and cultural impulses that were meant to be separated out were and still are co-mingled.

What are the deep karmic consequences of the un-threefolded Anthroposophical Society?

Rudolf Steiner foresaw the challenges of our current time and made a prediction: at the beginning of this century we would either see the dawn of a new age or the grave of civilization. Speaking to a group of individuals on karma and reincarnation, he stated that everyone in his company would be back at the end of the last century to battle the spirits of darkness who wish to destroy the earth prematurely.

So what can we do now to further Steiner's vision and work?

If we look at the progression of the intended First, Second, and Third Classes, we can intuit that the economic aspects of social life could be the most challenging from a Michaelic perspective. Now as we enter the second third of this Michael Age, the socio-economic realm is now demanding our attention from all directions.

### **New Corporate Economic Forms**

Prior to the lectures on *World Economy*, Steiner was directly involved with *The Coming Day Stock Company*. It is obvious that he was on to something. If we look at the world today we see franchises and multi-national corporations everywhere. It seems quite plausible, if Steiner would have lived longer, he would have made the Goetheanum Association into a Corporation in which members could have participated with stock ownership.

What would a Michaelic-inspired corporate vehicle look like in contrast to a traditional corporate model? Could we imagine a corporate vehicle where the bylaws reflect a harmonious three-fold interaction between the spiritually-inspired mission of the company, the rights-working relationships of the managers and employees, and the economic participation of the share-holders?

In Steiner's imagination of the 12 individuals in the Third Class we are reminded of the 12 apostles surrounding the Christ, the twelve seats around King Arthur's roundtable and the spiritual influences which stream toward us from the 12 constellations of the zodiac.

Could it be that these 12 would hold the mission and moral conscience of businesses that would be birthed out of every practical endeavor arising out of Anthroposophy? Perhaps these twelve could provide beneficial spiritual support and guidance without hampering the rights of the entrepreneurs and workers? Could checks and balances be put in place to insure that the mission could never be bought out with money in a stock take-over?

In contrast to traditional corporate models, could the bylaws be fashioned in such a way that shareholder profit is not the guiding principle for decision making? Can we create such a model?

### **New Community Dynamics**

As an example, a 501C3 nonprofit called Wellspring Living Arts has begun a new educational program in the Spring Valley, NY area. Its focus is to provide practical training of the will in the arts arising out of Anthroposophy. The possibility exists for businesses to be incubated out of this endeavor. Practical hands on training and real life education will be provided with a focus on youth, but with a long-term vision for people of all ages. The vision and mission of Wellspring Living Arts has all the elements necessary to build a healthy relationship between cultural training and sustainable for-profit business. The possibility exists to carry out the intentions for a threefold business entity or entities with new Michaelic forms as envisioned by Rudolf Steiner.

Can you imagine young people building houses as apprentices to master builders, growing food for the onsite cafe, creating menus that nourish the threefold human being? Can we find our way to support young people so they can find how to best use their talents and to support them with an opportunity to fulfill their dreams? . . . to wed vision with timelines and budget disciplines? ... to work associatively with skills and talents for mutual growth and learning? ... to learn good business communication skills? ... to participate in annual general meetings of share-holders, board members, and workers?

### **Air Beneath Your Wings**

The threefold village community idea may sound good, but how do we begin with practical steps? Education is key. On October 30th and 31st, 2009, *Wellspring Living Arts* will sponsor Arthur Edwards of the *Centre for Associative Economics*, for an evening and full day at *Threefold Educational Center*. His keynote address is entitled, *Air Beneath Your Wings*. In the workshop, he will address *Financial Literacy for Free Initiative*. It is intended to be a practical response to the global financial crises. The workshop is inspired in part from the book, *Freeing the Circling Stars* by Christopher Houghton Budd. Financial literacy, community dynamics, pre-funded education, legal forms and cash flow is the focus of the book.



A flyer and registration form for *Air Beneath Your Wings* follows this article, or please email: [rosepassafero@gmail.com](mailto:rosepassafero@gmail.com) or call 1-800-898-8215 and to make sure you get one.

### **Rudolf Steiner's Unfinished Deed and Money: The Old and New Mysteries**

The audio CD's of Dr. Christopher Houghton Budd's two back-to-back workshops entitled, *Rudolf Steiner's Unfinished Deed and Money: The Old and New Mysteries* are now available at [www.steinereconomics.com](http://www.steinereconomics.com). Dr. Houghton Budd goes into much more detail regarding the experiential gestures of Steiner's intentions for the First, Second, and Third Classes and what the world might look like today had Steiner's ideas been understood and accepted 90 years ago.

He also speaks about threefold relationships, what a healthy world-wide central banking process would look like, and how to understand the three types of money and cash flow in personal, business, and world transactions.

Both workshops are outlined in detail at [www.steinereconomics.com](http://www.steinereconomics.com)

It is our task in the West to master economics. We in the West can provide a better example for the World. To the question, *How do we overcome the dragon of materialism?* Rudolf Steiner's response was, *Harness him to the chariot of spiritual truth! Shall we not try?* After all, as Goethe said in his fairy tale of The Green Snake and the Beautiful Lily, The Time is at hand!

**Hank and Rose Passafero**

**Michaelmas, 2009**

For more information regarding any aspect of this article you may contact the authors at: 1-800-898-8215 or email: [simplycoins@gmail.com](mailto:simplycoins@gmail.com) or [rosepassafero@gmail.com](mailto:rosepassafero@gmail.com). For more information regarding *Wellspring Living Arts*, visit the website in development: [www.wellspringlivingarts.org](http://www.wellspringlivingarts.org) or see the Community Link at [www.steinereconomics.com](http://www.steinereconomics.com)

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## *MICHAEL VERSE*

Springing from Powers of the Sun,  
Radiant Spirit-Powers, blessing all Worlds!  
For Michael's garment of rays  
Ye are predestined by Thought Divine.  
He, the Christ Messenger, revealeth in you –  
Bearing mankind aloft – the sacred Will of Worlds.  
Ye, the radiant Beings of Ether-Worlds,  
Bear the Christ-Word to Man.  
Thus shall the Herald of Christ appear  
To the thirstily waiting souls,  
To whom your Word of Light shines forth  
In Cosmic Age of Spirit Man.  
Ye, the Disciples of Spirit-Knowledge,  
Take Michael's Wisdom-beckoning;  
Take the Word of Love of the Will of Worlds  
Into your soul's aspiring, actively!



**Is pleased to sponsor:**

## *Air Beneath Your Wings*

### **Financial Literacy for Free Initiative:**

**A practical response to the global financial crisis**

An evening presentation and all-day workshop with

**Arthur Edwards**

*The Centre for Associative Economics*

**October 30 & 31 2009**

**Threefold Educational Center, Spring Valley, NY**



*This double event focuses on how Rudolf Steiner's economic thinking can be given practical effect today. A special emphasis is on whether and how economics, as financial literacy, is taught in schools. Educational initiatives arising today will have profound consequences for tomorrow's thinking if, in both the form and content of their economics, they can embody an approach that is coherent from idea to practice. In the cultural life of one generation the economic life of the next is born.*

***Nothing less than a new economic paradigm is now needed.***

#### **The Global Financial Crisis – Humanity at a Threshold**

The global financial crisis will be resolved by the simple expedient of governments printing money, the long-term cost of which will be the burden onto general future productivity. Business will return to normal and people will wonder what all the fuss was about. But credit for initiative will be harder to come by – and the importance of it less understood. Unless, that is, ethical individualism – the foundation of free initiative – can realise itself in the *field of finance*, in the *structure of education* and in the *curriculum*.

#### **Financial Literacy and The Waldorf Challenge**

The Waldorf Movement was founded out of the ideal of a 'free spiritual life'. One of the greatest challenges today is to keep the door to free initiative open. Is it enough to be taught **personal** finance or should this be extended to **societal** finance, which deals with matters of trading and capitalization? Do the times require that Waldorf Schools become examples of financial literacy both in terms of the way they conduct their own economies and in the way they are financed? Such examples would not go unnoticed in the wider world of finance, nor in the souls of the students.

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How young people can find and develop the skills they need to pursue their vocations is a crucial matter. Moreover the capital that corresponds to their initiatives must be made available to them, that is if they are not to be swallowed by the 'jobs market'. The goal of independence, which informs the 'free spiritual life', is realised in the vocational path one treads. But what kind of curricula and what kind of schools can enable this?

These questions are not only of individual or local significance: they concern the future unfolding of economic life. For the present crisis marks a boundary where the conventional approach to economic questions has reached a threshold. This is linked to the 'problem' of surplus capital. Financial markets rely on the idea that in a global economy one can hold onto capital 'in the abstract'. But such an approach, which necessarily engenders fictional values, has been found wanting; it is built on an old 'monolithic' conception of money. Only a massive global infusion of government spending and guarantees has forestalled the day of reckoning: but for how long and at what cost?

Rudolf Steiner's monetary analysis belongs not in a parallel universe but in the very real issues with which humanity is confronted today. It offers the sophisticated tool needed for balance to be restored to the world economy. It could also be embedded as accounting in curricula which connect to the true aspirations of the young: to follow their own stars as they build their own paths. This would mean managing the economy on a new citizenized basis wherein individuals act in voluntary and conscious association rather than, as now, out of the pressure of ever-more centralization.

*Based in part on ideas set out in the accompanying literature\*, the aim of the workshop is to present various propositions as a basis for rigorous debate and discussion among the participants. It is open to everyone with an interest in such topics, whether young people themselves, those concerned with education (teachers, parents, administrators or bursars) or those working to further Rudolf Steiner's economic impulse.*

**Arthur Edwards** is a director of the *Centre for Associative Economics*, joint editor of *Associate!* and a member of the *Goetheanum Economics Conference*. He offers courses in financial literacy in schools and seminars on money for adults. He has written *Economics in A Waldorf Context - Towards a Curriculum in Financial Literacy*, a *Rudolf Steiner Foundation* funded pilot study (available on request) and undertaken MPhil research at *Buckingham University* entitled: *Three Kinds of Money: Rudolf Steiner and the Development of Monetary Economics*. Married with two children, he lives in the South West of England.

**PRESENTATION** 7 pm, Friday 30<sup>th</sup> Oct 09

- **The Global Financial Crisis and Ethical Individualism**  
A challenge to rethink current circumstances

**WORKSHOP** All-day, Saturday 31<sup>st</sup> Oct 09

- **Air Beneath Their Wings - Financial literacy: the key to free initiative**

- |         |   |
|---------|---|
| 9.30 am | <b>Finding One's Feet</b><br>Vocation as the basis of Economic Orientation  |
| 11 am   | <b>Economics Through an Accounting Lens</b><br>Making Visible the Invisible Realm   |
| 2 pm    | <b>A Curriculum through Life</b><br>How / what / when should financial literacy be learned?<br>What does Waldorf accreditation look like? |
| 4 pm    | <b>Premises and Profits</b><br>How to house upper school education. Appropriate legal structures  |
| 7 pm    | <b>Practical Paths</b><br>Societal Finance – A Task for the Waldorf Movement?   |



# REGISTRATION FORM

## *Air Beneath Your Wings*

### **Financial Literacy for Free Initiative**

*A practical response to the global financial crisis*

An evening presentation and all-day workshop with

**Arthur Edwards**

*The Centre for Associative Economics*

**October 30 & 31 2009**

**Threifold Educational Center, Spring Valley, NY**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ CellPhone \_\_\_\_\_

E-Mail \_\_\_\_\_

How did you hear about this workshop?

The weekend event, which costs \$150, (\$20 for lecture only, \$175 with two meals) is being coordinated by:

**Jane Parker email: [janeellenparker@gmail.com](mailto:janeellenparker@gmail.com) (preferred) or tel: 240 997 302**

- |                          |                               |  |                                     |
|--------------------------|-------------------------------|--|-------------------------------------|
| <input type="checkbox"/> | <b>Lecture Only</b>           | <b>Friday October 30, 2009</b>                   | <b>\$20</b>                         |
| <input type="checkbox"/> | <b>Lecture &amp; Workshop</b> | <b>Friday &amp; Saturday October 30 &amp; 31</b> | <b>\$ 150</b>                       |
| <input type="checkbox"/> | <b>Meals</b>                  | <b>Saturday Lunch &amp; Dinner</b>               | <b>\$ 25</b>                        |
|                          |                               |  | <b>Total payment enclosed: \$__</b> |

Money order/check # \_\_\_\_\_ (US Funds/Banks only, payable to Wellspring Living Arts)

MasterCard  Visa  Amex Card Number \_\_\_\_\_

Exp \_\_\_\_\_ CSC \_\_\_\_\_ Name on Card \_\_\_\_\_

(Registration by October 20<sup>th</sup>).

**For further info:** See [anthromedia.com](http://anthromedia.com). **Scholarships** are available in cases of true need.

To Register: Please print, fill out, and mail this form together with your payment to  
Wellspring Living Arts, 4 Pine Knoll Ct, Chestnut Ridge, NY 10952 or  
fax with credit card information to 845-362-8589.

**Cancellation Policy:** There are no refunds for cancellations after October 20, 2009.

**Accommodations:** For on-campus housing, go to [www.threefold.org/housing](http://www.threefold.org/housing), or  
Contact the dormitory manager: holderhouse@threefold.org / 845-352-9660.

**Please make reservations at least one week in advance.**

Additionally, the nearest local hotel is the Marriott Courtyard (1-201-391-7700).

If flying, JFK is a nightmare, La Guardia is slightly better; Newark Airport is the closest to Spring Valley.

There are a number of shuttles available to and from the airport. Or contact:

Airbrook	1-800-432-1825
Jan Kadula	1-845-425-0087

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## MICHAELIC INSPIRED COINAGE

*From the Mystery Language of Ancient Greece  
to the Fall of the Spirits of Darkness in 1879*

**Helios Silver Drachm from 4th Century BC**

*The Obverse: Portrays the Sun-face of Radiant Helios*

*The Reverse: An enlarged rose (signifying deep transformation) with a stylized figure of Aphrodite holding a bouquet on left.*



Pupils undergoing initiation in the rites of the sun Mysteries were able to gather soul knowledge of the living life-sustaining Being that streamed to them from the sun. They glimpsed the Macrocosmic Logos (Word) who had not yet come to live amongst human beings in the flesh. European tradition held for centuries that this token was actually one of the thirty pieces of silver used to betray the Christ by Judas after the Last Supper. The silvery

reflective qualities of the moon came between Judas and the Christ. It is ironic to think that this token bearing reverence to the sun god may have been used in the betrayal of Christ, often called Christos Sun in esoteric Christianity. Judas typified the loss of reverence of the coins and what was impressed upon them. The Sun Being of Christ Jesus was also not comprehended. During the Middle ages, these coins were brought back from pilgrimages to the Holy Land and considered sacred, possessing supernatural powers. These pagan coins bearing the sun god Helios came to be objects of Christian veneration and piety.

Extremely Fine Syle and Wonderful Execution

**Ephesian Bee Silver Tetrachm from 390-330 BC**

*The Obverse is hand-struck with the image of a Bee*

*The Reverse: a Palm Tree and the Forepart of a Stag*

At the dawn of the last Michael Age beginning in 550 BC, some of the earliest coinage was struck in the Mystery Temple of Diana in Ephesus where the mysteries of the Word were taught and held sacred. It is the last Mystery Temple where men and women were admitted and instructed equally.



Individuals came to the temple to reckon with their gender and valued the intimate conversations between men and women as essential to understanding their own being. Priestesses of the temple were called *Bees*. Rudolf Steiner gave a beautiful lecture series about the bee as a sun being and how intimately connected the bee is to our higher ego or "I". This coin is one of the earliest from Ephesus with a bee on the front and the letter E signifying being issued by the Temple of Diana in Ephesus, in the country of Ionia. The reverse portrays the forepart of a stag next to a palm tree. The planetary signature of the palm tree is the sun. The antlers of the stag ray out into its environment a sun-like nature.



Teacher and pupil walked the gardens of Ephesus and dialogued about the nature of the plant and animal kingdoms as an expression of the Word or Logos. In the inner sanctum of the temple was a statue of the many-breasted goddess Artemis. Questions were posed to Artemis, who would offer answers to both pupil and teacher from the realm of dream and sleep.

A rare and difficult coin to locate:

Weighs 14.8 Grams

### **1879 St. George and the Dragon British Sovereign**



*22 kt. gold about a quarter of an oz.*

The Archangel Michael assumes leadership as the Time Spirit in 1879 after casting the spirits of darkness to the earthly realm. St. George depicts the task of every human soul - to hold the powers of darkness at bay.

Mounted in a bezel and ready to wear.  
Limited quantity.

For More Information Regarding Michaelic inspired  
Coinage or for Purchase Inquiries:  
Call Henry at 800.898.8215.

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## **THE INTERNATIONAL DAY OF CLIMATE ACTION OCTOBER 24, 2009**

This very important day is being organized by an organization which calls itself 350.org, along with Greenpeace, Oxfam, World Wildlife Fund, the World Peace Society and hundreds of other international environmental and human rights groups, which will sponsor thousands of events all around the globe calling on our leaders to take action on the global climate crisis we are facing. Do check out the website [www.350.org](http://www.350.org) to see how you can help with this very important event.

## *Christian Community News*

**Rev. Patrick Kennedy, priest for the Christian Community, comes to Chapel Hill again the weekend of Oct 16 – 18 2009**

**Note – Saturday talk and all events Sunday held at CAMP NEW HOPE LOCATION: We will be using the Dining Hall building. There will be signs directing you to the camp parking.**  
Website directions and map to the camp is <http://www.newhopeccc.org/conference.htm>

### **WEEKEND SCHEDULE FOR The Christian Community Fri 10/16-Sun 10/18:**

Friday 10/16 and Saturday 10/17 (all day as scheduled in advance):

Sacramental Consultation or other private conversations

**Private conversations with Patrick. Consultations will be at the home of Margit Gratzl, 519 Wheeling Circle in Durham. NOTE: Margit Gratzl is scheduling the consultations – please call her at 919-484-2764, or email at [mgratzl@nc.rr.com](mailto:mgratzl@nc.rr.com) as far in advance as possible to reserve your time with Patrick.**

Friday evening, 10/16, 7:30pm:

Conversation led by Patrick, “**Christian Community 101**”. Patrick likes to use this time to answer our questions about The Christian Community, and he also talks about news of the wider movement. It is a wonderful evening of learning and sharing, and we strongly invite you all to attend if you can manage it. This evening will be held at the home of Linda Folsom, 3118 Dixon Dr. Durham, 919-493-8323 or email [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com). Please note: this is not a potluck and you do not need to bring anything. A dessert and beverages will be served.

**Saturday, 10/17, at 7:30p: Priest Talk:**

A talk by Patrick Kennedy, free and open to the public. “**Heart's Power of Sacrifice: The Building of the New Human Community**”. Held in the Dining Room Building at New Hope Camp, 4805 Highway 86, Chapel Hill, NC 27514. Follow directions on website or below.

**Sunday, 10/18: in the Dining Room Building at New Hope Camp**

**9:30 am: Children's Story**-for children of all ages. Everyone welcome.

**10a: Children's Service**, for children ages 7 – 14 (please take younger children to childcare during this short service. Bring a few books and toys to help occupy them. We will provide an adult to watch over the children. Unfortunately we cannot accommodate children younger than 3 y/o).

**10:30am: Act of Consecration of Man** - for adults and children over age 9 1/2. Please try to arrive early and enter the room reverently.

**12:15 pm: Community Potluck** - Everyone is welcome! Please bring a dish to share. Beverages will be provided. We hope you can stay after the service to talk Patrick and meet other members of the community.

**Mark your calendars and plan to join us!**

**We have a new website: [www.thechristiancommunitync.org](http://www.thechristiancommunitync.org) Check us out!**

For more information, send us an email: [christiancommunity.nc@earthlink.net](mailto:christiancommunity.nc@earthlink.net)

Or contact Linda Folsom at 919-493-8323 or email at [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com)

## *From the Board*

We have been very busy following up this month on all the news from last month to have much more to say! Our Michaelmas Festival was well attended. We thank Marlene Joyce for the hours she put in setting up the scene for the Green Snake and Beautiful Lily set and her rendition of the story. The texture and simplicity of the presentation allowed me to really live into it. I will carry the living images with me into this Michaelmas season in a new and meaningful way.

We hope to see you the weekend of Oct. 9-11 at the conference "Spiritual Challenges of the 21<sup>st</sup> Century." Stephen Usher's lecture and the artistic workshops promise to be thought provoking and nourishing. Only a few local people have pre-registered. Please call Peg Carmody at 537-8142 if you need more information or to register, especially if you wish to participate in the catered lunch on Saturday. It is possible to come to any of the single sessions, but we hope you are able to fully engage in the conference to follow the development of the theme.

We will have a gathering to honor the dead at the beginning of November. Details will be sent out on the list-serve. If you do not participate in the list-serve, feel free to call me for details at 919-537-8142.

See you soon!

Peg Carmody

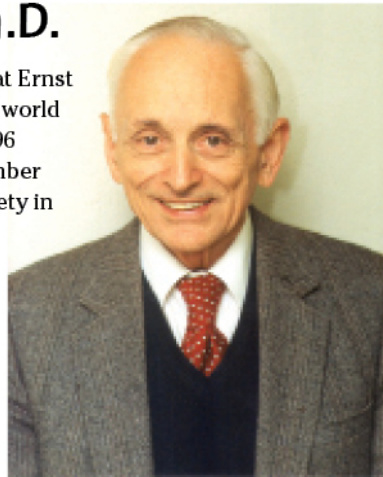
## *A Fond Farewell to a Devoted Anthroposophist*

### **Ernst Katz, Ph.D.**

We regret to inform you that Ernst Katz passed into the spiritual world on September 2, 2009, at age 96 years. He was a founding member of the Anthroposophical Society in the Netherlands, led by Dr. F. W. Zeijlmans van Emmichoven since 1935, a member of the Anthroposophical Society in America since 1953, and a Class Holder for America since 1970.

He served as a professor of physics at the University of Michigan in Ann Arbor from 1947 through 1979. It was his explicit wish that no further details of his life and accomplishments in physics and in anthroposophy be mentioned.

He is survived by one son, two grandsons, and two great-grandsons. Persons moved to making a memorial contribution in memory of Ernst Katz may send a (tax deductible) gift to CSAM (Community Supported Anthroposophic Medicine), 1825 W. Stadium Blvd., Ann Arbor, MI 48103.





## *New Baby for Winston-Salem Community*



Proud parents **Jennie and Jim Brunner** of the Winston-Salem-Yadkin Valley Anthroposophical community hold their new daughter, **Claire Grace**, who was born on September 5. Jennie is the granddaughter of our beloved late members, **Janet and John Hampton** of Greensboro. They would have been delighted to be Great-Grandparents. Congratulations, Jennie and Jim and best of happiness with your new daughter!

***EURYTHMY CLASSES***  
**FOR ADULTS**  
**WITH EVE OLIVE**  
**WEDNESDAYS 8:30-10:00 A.M.**  
**STARTING OCTOBER 21, 2009**  
**IN THE EURYTHMY ROOM AT**  
**THE EMERSON WALDORF SCHOOL**  
**\$10. PER CLASS**  
**CALL EVE FOR MORE INFORMATION AT:**  
**489-2564**

## Can You Guess the Identity of this Lovely Bride?



Here are some hints: The date of her wedding was April 23, 1953. The place: Milwaukee, Wisconsin in the home of her good friend and anthroposophist, Bea Pierce. The bride wore mauve. She was 24 years old. The groom was a graduate of High Mowing Waldorf School. The two of them met at an Anthroposophical lecture and it was love at first sight for both of them. That evening when she did her "Ruckschau" meditation, she saw his face and knew that he was the one for her. They have two grown sons.

Her favorite word is "Entelechy", which she will tell you means the sum total of a person's

being, including all of his/her past lives. She believes it is important that we view one another in this light. She was born in Germany and baptized in the same baptismal font in Eisleben where Martin Luther was baptized. She has lived in Germany, Wisconsin, Maryland and came to North Carolina in the 1970's where she became a part of Eve Olive's Study group. She has been a member of the Christian Community for over 50 years.

By now you have probably guessed that she is Renate Wend. Dear Renate is still at Brookshire Nursing Center, which we reported last month.

Renate welcomes visitors. She is slowly but surely regaining control of her left side, which was paralyzed following her stroke. Renate says that going through the stroke was all worth it because of the showering of love and support she has received from her family and friends.

When we view Renate in all of her "entelechy" we see a quite amazing woman who has triumphed over great adversity.



# *The Sophia Sun*

Newsletter of the Anthroposophical Society in North Carolina  
 P.O. Box 16024  
 Chapel Hill, NC 27516  
[www.anthroposophyNC.org](http://www.anthroposophyNC.org)

Editor.....Kathleen Wright  
 Calendar.....Linda Folsom  
 Website Manager.....Mike Senkpiel

\*\*\*\*\*

*The Sophia Sun* is the newsletter of the Anthroposophical Society in North Carolina (ASNC), a 501(c)3 non-profit organization. It is published 9 times a year (no issues in Jan., July and Aug.). Members are encouraged to receive the newsletter electronically by contacting our website at [www.anthroposophyNC.org](http://www.anthroposophyNC.org). If this is not possible, you may receive a hard copy of the newsletter by mail for free if you are a dues-paying member of ASNC, or if you are not a member, you may send a check for \$45. per year to ASNC, P.O. Box 16024, Chapel Hill, NC 27516. Back issues are \$5.00 per copy. This includes postage.

**Note: On line, the newsletter is in color; mailed copies are in black and white, except for the cover; this is due to the high cost of color printing.**

**Submitting articles, letters and ads:** Please send UNFORMATTED text in Microsoft Word to [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com). All calendar items should be sent to: [lfolsom@nc.rr.com](mailto:lfolsom@nc.rr.com). If you have any questions, please contact: Kathleen Wright, at 919-309-9622 or 919-672-0149 or [kathleenwright51@peoplepc.com](mailto:kathleenwright51@peoplepc.com)

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## *From the Editor:*

We had intended to write a large tribute to Ernst Katz, who passed away on September 2; however, we learned that he specifically requested that no large obituaries be written about him, and that if one wished to write something about him, to simply print a small obituary he had composed himself. We have complied with his wishes and hope that everyone knows about the great work of Ernst Katz and that you will keep him in your thoughts. As a tribute to him, we will simply print a Verse by Rudolf Steiner, which describes the intentions of Steiner, which Katz shared:

I would like with Cosmic Spirit  
 To enthuse each human being  
 That a flame they might become  
 And with fiery Will unfold  
 The essence of their Being.

The other ones, they strive  
 To take from cosmic waters  
 What would extinguish the flames  
 And pour paralysis  
 Into all inner Being.

O joy, when human being's flame  
 Is blazing, even when at rest!  
 O bitter pain, when the human being  
 Is put in bonds, when it wants to stir!



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## What is Anthroposophy?



Anthroposophy, which means “the wisdom of man”, is a spiritual philosophy and path to self-knowledge, which “leads the spiritual in the human being to the spiritual in the universe”, according to its teacher, Rudolf Steiner (1861-1925). Rudolf Steiner was a brilliant “Renaissance man” from Austria who was a philosopher, scientist, artist, playwright, architect, social activist, teacher and meditant, who had a direct perception of the spiritual worlds. Anthroposophy, which is also known as Spiritual Science, teaches, among other things, the laws of reincarnation and Karma. It has a Christ-centered view of world evolution. Steiner founded the School of Spiritual Science, as well as the General Anthroposophical Society, which he described as “a union of people who desire to further the life of the soul – both in the individual and in human society – on the basis of true knowledge of the spiritual world”. In addition to giving over 6,000 lectures, most of which have been made into books, he helped to found many initiatives that are still thriving today including: the Waldorf School movement, anthroposophical medicine, biodynamic farming, and Eurythmy. Based on his indications, hundreds of initiatives have developed such as: the Curative education movement, the Camp Hill Villages for the handicapped, Weleda remedies, Dr. Hauschka cosmetics, WALA, True Botanica, Astrosophy, Rhythmical Massage, the Alliance for Childhood, The Christian Community, Anthroposophic Prison Outreach, Lazure painting, Demeter, advancements in architecture, science, social and economic reform (The Threefold Social Order, community banks), mathematics and painting. In addition, there are many publishing houses and libraries dedicated to his works throughout the world. For more information, check the national website at [www.anthroposophy.org](http://www.anthroposophy.org) or our local website at [www.anthroposophyNC.org](http://www.anthroposophyNC.org)